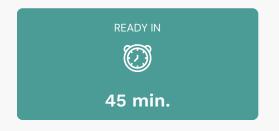
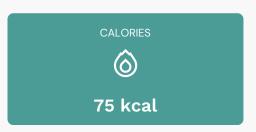


# **Cool Whip Cookies**

airy Free







DESSERT

## Ingredients

Ш	0.3 cup powdered sugar for decoration
	2 eggs
	18.3 ounce lemon cake mix

8 ounce non-dairy whipped topping frozen thawed

# **Equipment**

bowl
baking sheet
oven

# Directions Preheat oven to 350 degrees F (175 degrees C). Lightly grease baking sheets. Beat together the whipped topping and eggs together. Add the lemon cake mix and continue to mix. Dough will be thick. Drop by teaspoonfuls into a bowl of confectioners' sugar and roll to coat. Place cookies on the prepared baking sheets. Bake at 350 degrees F (175 degrees C) for 8 minutes. Nutrition Facts

## **Properties**

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.3921738992567%

### **Nutrients** (% of daily need)

Calories: 74.82kcal (3.74%), Fat: 1.46g (2.24%), Saturated Fat: 1.02g (6.38%), Carbohydrates: 14.46g (4.82%), Net Carbohydrates: 14.28g (5.19%), Sugar: 8.8g (9.78%), Cholesterol: 9.22mg (3.07%), Sodium: 112.65mg (4.9%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.03g (2.06%), Phosphorus: 54.05mg (5.41%), Calcium: 36.18mg (3.62%), Vitamin B2: 0.05mg (2.96%), Folate: 11.11µg (2.78%), Vitamin B1: 0.04mg (2.36%), Iron: 0.35mg (1.94%), Selenium: 1.34µg (1.91%), Vitamin B3: 0.34mg (1.7%), Manganese: 0.03mg (1.41%), Vitamin E: 0.19mg (1.26%)