

BREAD

Corn Light Bread

18 September 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	8	\$0.32	333 kcal

Corn Light Bread might be just the bread you are searching for. This recipe serves 8 and costs 32 cents per serving. One serving contains 333 calories, 8g of protein, and 9g of fat. 1 person has tried and liked this recipe. This recipe from My Recipes requires flour, baking soda, cornmeal, and sugar...

Ingredients

- ☐ 1 teaspoon baking powder
- ☐ 3 tablespoons butter or margarine, melted
- ☐ 1 cup all-purpose flour
- ☐ ½ cup sugar
- ☐ 1 teaspoon baking soda
- ☐ 2 cups buttermilk
- ☐ ½ teaspoon salt
- ☐ 2 cups yellow cornmeal

EQUIPMENT Oven, Mixing bowl, Loaf pan

Method

- 1

Combine dry ingredients in a large mixing bowl; add butter and buttermilk, mixing well.
- 2

Pour batter into a greased 9- x 5- x 3-inch loaf pan.
- 3

Let mixture stand 15 minutes.
- 4

Bake at 350 for 1 hour.
- 5

Cut into 1/2-inch slices.

6 Serve warm.

Nutrition per serving

333	8 g	9 g	56 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			2.5 g · 15% of daily needs
Fibre			4.2 g · 17% of daily needs
Sugar			16.1 g · 18% of daily needs
Sodium			450 mg · 20% of daily needs
Cholesterol			6.6 mg · 2% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/corn-light-bread-143377