

Cosmopolitan Champagne Cocktail



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



1500 min.

SERVINGS



10

CALORIES



171 kcal

BEVERAGE

DRINK

Ingredients

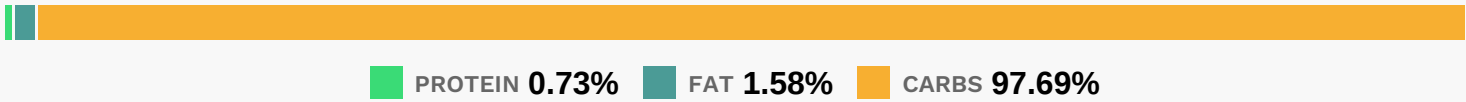
- ☐ 4 cups sparkling wine chilled
- ☐ 1.3 cups cranberry juice cocktail
- ☐ 1.3 cups grand marnier
- ☐ 3 tablespoons granulated sugar
- ☐ 0.5 cup juice of lime fresh

Equipment

Directions

☐ Stir together Cointreau, juices, and sugar and chill, covered, 2 to 6 hours. Just before serving, divide among 10 Champagne flutes and top off with Champagne.

Nutrition Facts



Properties

Glycemic Index:13.01, Glycemic Load:5.07, Inflammation Score:-4, Nutrition Score:1.7939130774011%

Flavonoids

Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg, Cyanidin: 0.12mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Peonidin: 0.13mg, Peonidin: 0.13mg, Peonidin: 0.13mg, Peonidin: 0.13mg Catechin: 0.06mg, Catechin: 0.06mg, Catechin: 0.06mg, Catechin: 0.06mg Epicatechin: 0.31mg, Epicatechin: 0.31mg, Epicatechin: 0.31mg, Epicatechin: 0.31mg Eriodictyol: 0.26mg, Eriodictyol: 0.26mg, Eriodictyol: 0.26mg, Eriodictyol: 0.26mg Hesperetin: 1.09mg, Hesperetin: 1.09mg, Hesperetin: 1.09mg, Hesperetin: 1.09mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 0.76mg, Quercetin: 0.76mg, Quercetin: 0.76mg, Quercetin: 0.76mg

Nutrients (% of daily need)

Calories: 171.08kcal (8.55%), Fat: 0.14g (0.22%), Saturated Fat: 0.04g (0.22%), Carbohydrates: 19.48g (6.49%), Net Carbohydrates: 19.43g (7.07%), Sugar: 18.15g (20.16%), Cholesterol: 0mg (0%), Sodium: 9.88mg (0.43%), Alcohol: 13.71g (100%), Alcohol %: 10.15% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.15g (0.29%), Vitamin C: 17.01mg (20.61%), Potassium: 110.58mg (3.16%), Magnesium: 11.61mg (2.9%), Iron: 0.44mg (2.44%), Phosphorus: 17.94mg (1.79%), Copper: 0.03mg (1.44%), Vitamin B6: 0.02mg (1.17%), Calcium: 11.47mg (1.15%), Manganese: 0.02mg (1.13%)