



Country Cornbread Dressing

 Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



848 kcal

SIDE DISH

Ingredients

- ☐ 8 slices day-old bread
- ☐ 1 stalk celery chopped
- ☐ 2.5 cups chicken broth
- ☐ 6.5 cups cornbread crumbled
- ☐ 21.5 oz cream of chicken soup canned
- ☐ 1 tablespoon sage dried
- ☐ 4 eggs beaten
- ☐ 2 tablespoons butter

- ☐ 1 onion chopped
- ☐ 0.3 teaspoon pepper
- ☐ 1 teaspoon salt

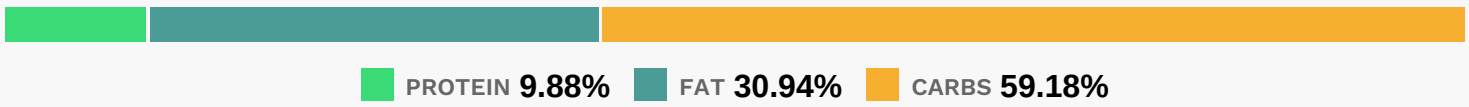
Equipment

- ☐ bowl
- ☐ slow cooker

Directions

- ☐ Combine all ingredients except butter in a very large bowl; mix well. Spoon into a 5- to 6-quart slow cooker; dot with butter. Cover and cook on low setting 6 hours.

Nutrition Facts



Properties

Glycemic Index:24.08, Glycemic Load:9.8, Inflammation Score:-7, Nutrition Score:23.990869340689%

Flavonoids

Apigenin: 0.14mg, Apigenin: 0.14mg, Apigenin: 0.14mg, Apigenin: 0.14mg Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg, Luteolin: 0.06mg Isorhamnetin: 0.69mg, Isorhamnetin: 0.69mg, Isorhamnetin: 0.69mg, Isorhamnetin: 0.69mg Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg, Kaempferol: 0.1mg Quercetin: 2.81mg, Quercetin: 2.81mg, Quercetin: 2.81mg, Quercetin: 2.81mg

Nutrients (% of daily need)

Calories: 847.82kcal (42.39%), Fat: 29.2g (44.92%), Saturated Fat: 9.97g (62.29%), Carbohydrates: 125.66g (41.89%), Net Carbohydrates: 119.69g (43.52%), Sugar: 33.82g (37.58%), Cholesterol: 198.97mg (66.32%), Sodium: 2450.71mg (106.55%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 20.97g (41.94%), Phosphorus: 864.17mg (86.42%), Selenium: 33.38µg (47.69%), Manganese: 0.89mg (44.58%), Folate: 146.53µg (36.63%), Vitamin B2: 0.59mg (34.98%), Vitamin B1: 0.52mg (34.94%), Calcium: 331.23mg (33.12%), Iron: 5.93mg (32.92%), Vitamin B3: 5.93mg (29.67%), Fiber: 5.97g (23.89%), Vitamin B5: 1.87mg (18.68%), Vitamin K: 17.58µg (16.75%), Copper: 0.32mg (15.81%), Vitamin A: 741.6IU (14.83%), Zinc: 2.18mg (14.52%), Magnesium: 53.79mg (13.45%), Vitamin B6: 0.26mg (12.96%), Vitamin E: 1.85mg (12.33%), Potassium: 414.17mg (11.83%), Vitamin B12: 0.66µg (10.94%), Vitamin D: 0.44µg (2.93%), Vitamin C: 1.58mg (1.92%)