

DINNER

Court's Creamy and Quick Burritos

5 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
55 min	15 min	40 min	6	\$1.81	479 kcal



The recipe Court's Creamy and Quick Burritos could satisfy your Mexican craving in approximately 55 minutes. For \$1.81 per serving, you get a main course that serves 6. One serving contains 479 calories, 26g of protein, and 33g of fat. 31 person were impressed by this recipe.

Ingredients

- ☐ 10¾ ounce condensed cream of mushroom soup
canned
- ☐ 1 pound ground beef
- ☐ ½ cup salsa, or to taste (optional)
- ☐ 8 ounces sour cream
- ☐ ½ yellow onion, chopped
- ☐ 6 9-inch (9 inch) flour tortillas
- ☐ 14 ounce refried beans
canned
- ☐ 1½ cups shredded sharp Cheddar cheese
- ☐ 1 ounce package taco seasoning

Method

- 1 Preheat oven to 350 degrees F (175 degrees C).
- 2 Cook ground beef and onion in a skillet over medium heat until the beef is completely browned, 7 to 10 minutes.
- 3 Drain excess grease from the skillet.
- 4 Stir refried beans, 1 cup Cheddar cheese, and taco seasoning into the drained ground beef mixture.
- 5 Spoon ground beef mixture down the center of each tortilla.
- 6 Roll the tortillas around the beef filling.
- 7 Stir cream of mushroom soup, sour cream, and salsa together in a bowl.
- 8 Spread about 1/2 the cream of mushroom soup mixture into the bottom of a 9x13-inch baking dish.
- 9 Arrange rolled tortillas into a single layer in the baking dish with the seam side down.
- 10 Pour remaining cream of mushroom soup mixture over the tortillas.
- 11 Top with 1 1/2 cups Cheddar cheese.
- 12 Bake in preheated oven until cheese is bubbly and melted, 30 to 35 minutes.

Nutrition per serving

479	26 g	33 g	18 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			15.7 g · 98% of daily needs
Fibre			4.4 g · 17% of daily needs
Sugar			5.2 g · 6% of daily needs
Sodium			1,519 mg · 66% of daily needs
Cholesterol			107 mg · 36% of daily needs
Vitamin C			3.6 mg · 4% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at [whatsheate.com/courts-creamy-and-quick-burritos-147949](https://www.whatsheate.com/courts-creamy-and-quick-burritos-147949)