



## CrÃ"me Divinity

 **Gluten Free**  **Dairy Free**

READY IN



**25 min.**

SERVINGS



**25**

CALORIES



**99 kcal**

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 0.3 tsp cream of tartar
- 7 oz marshmallow crÃ"me jet-puffed
- 1 cup planters pecans chopped
- 1 dash salt
- 1.5 cups sugar
- 1 tsp vanilla
- 0.3 cup water

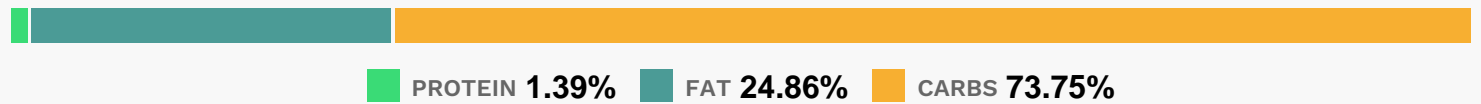
### Equipment

- bowl
- sauce pan
- hand mixer
- wax paper
- candy thermometer

## Directions

- Place sugar, water, cream of tartar and salt in heavy 1-quart saucepan. (Do not stir.) Bring to boil on high heat, without stirring, until candy thermometer registers 248F.
- Beat marshmallow creme and vanilla in small bowl with electric mixer on low speed until well blended. Gradually add hot sugar syrup, beating at medium speed until well blended. Beat on high speed 5 minutes or until mixture just begins to lose its gloss and hold its shape when dropped from spoon. Stir in pecans.
- Drop teaspoonfuls of the marshmallow creme mixture onto sheets of wax paper. Cool completely. Store in airtight container at room temperature.

## Nutrition Facts



## Properties

Glycemic Index:3.2, Glycemic Load:8.39, Inflammation Score:-1, Nutrition Score:0.96913044268022%

## Flavonoids

Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg, Cyanidin: 0.43mg Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg, Delphinidin: 0.29mg Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg, Catechin: 0.29mg Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg, Epigallocatechin: 0.22mg Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg, Epicatechin: 0.03mg Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg, Epigallocatechin 3-gallate: 0.09mg

## Nutrients (% of daily need)

Calories: 98.57kcal (4.93%), Fat: 2.89g (4.45%), Saturated Fat: 0.24g (1.53%), Carbohydrates: 19.29g (6.43%), Net Carbohydrates: 18.91g (6.88%), Sugar: 17.04g (18.93%), Cholesterol: 0mg (0%), Sodium: 1.86mg (0.08%), Alcohol: 0.06g (100%), Alcohol %: 0.27% (100%), Protein: 0.36g (0.73%), Manganese: 0.18mg (8.96%), Copper: 0.05mg (2.45%), Vitamin B1: 0.03mg (1.74%), Fiber: 0.38g (1.52%), Magnesium: 4.84mg (1.21%), Zinc: 0.18mg (1.21%),

Phosphorus: 10.98mg (1.1%)