



Cranberry and Vanilla-Bean Mimosas



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



4

CALORIES



157 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

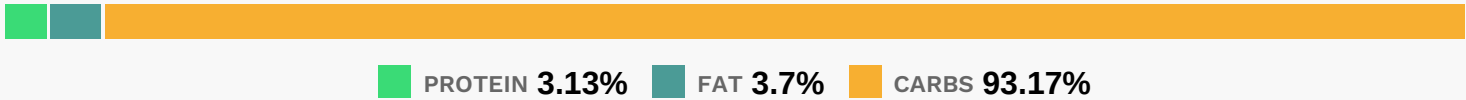
- ☐ 4 servings 1/4 cup dried cranberry (juice sweetened if possible) chilled
- ☐ 4 servings ice cubes
- ☐ 4 servings sparkling wine
- ☐ 1 vanilla pod

Equipment

Directions

Combine a few cups chilled cranberry juice and ice cubes in a cocktail shaker. Scrape in the seeds from vanilla bean. Shake well. Strain into Champagne glasses, filling only halfway. Top off the drinks with sparkling wine. For an extra-special touch, rim the glasses with sugar and garnish with halved vanilla beans.

Nutrition Facts



Properties

Glycemic Index:14, Glycemic Load:11.99, Inflammation Score:-5, Nutrition Score:4.0595652461052%

Nutrients (% of daily need)

Calories: 156.88kcal (7.84%), Fat: 0.42g (0.64%), Saturated Fat: 0.02g (0.11%), Carbohydrates: 23.64g (7.88%), Net Carbohydrates: 23.46g (8.53%), Sugar: 23.12g (25.69%), Cholesterol: 0mg (0%), Sodium: 16.7mg (0.73%), Alcohol: 9.47g (100%), Alcohol %: 3.14% (100%), Protein: 0.79g (1.59%), Vitamin C: 16.46mg (19.95%), Vitamin E: 2.12mg (14.16%), Vitamin K: 9.03µg (8.6%), Potassium: 266.53mg (7.62%), Magnesium: 25.98mg (6.49%), Copper: 0.12mg (6.13%), Vitamin B6: 0.12mg (6.08%), Iron: 1.03mg (5.75%), Phosphorus: 45.21mg (4.52%), Calcium: 29.16mg (2.92%), Vitamin B2: 0.05mg (2.74%), Zinc: 0.3mg (2.01%), Vitamin A: 79.65IU (1.59%), Vitamin B3: 0.31mg (1.55%), Vitamin B1: 0.02mg (1.06%)