

Cranberry Brandy Slush

 Gluten Free  Dairy Free

READY IN



490 min.

SERVINGS



24

CALORIES



187 kcal

Ingredients

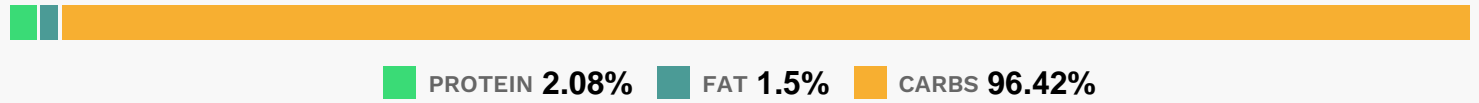
- 2 quarts 1/4 cup dried cranberry (juice sweetened if possible)
- 2 liter lemon lime soda chilled flavored
- 16 ounce lemonade concentrate frozen canned
- 2 cups maraschino liqueur
- 16 ounce orange juice concentrate frozen canned

Equipment

Directions

- In a plastic container, mix together cherry brandy, orange juice concentrate, lemonade concentrate, and cranberry juice. Freeze overnight.
- To serve, scoop desired amount of frozen mixture into a glass, and fill with lemon-lime soda.

Nutrition Facts



Properties

Glycemic Index:2.33, Glycemic Load:5.34, Inflammation Score:-3, Nutrition Score:4.2369565328826%

Nutrients (% of daily need)

Calories: 186.7kcal (9.34%), Fat: 0.28g (0.43%), Saturated Fat: 0.02g (0.15%), Carbohydrates: 40.69g (13.56%), Net Carbohydrates: 40.36g (14.68%), Sugar: 38.29g (42.55%), Cholesterol: 0mg (0%), Sodium: 12.54mg (0.55%), Alcohol: 7.95g (100%), Alcohol %: 4.59% (100%), Caffeine: 12.47mg (4.16%), Protein: 0.88g (1.76%), Vitamin C: 37.21mg (45.11%), Vitamin E: 1.08mg (7.18%), Potassium: 194.04mg (5.54%), Vitamin B6: 0.09mg (4.7%), Vitamin B1: 0.06mg (4.19%), Folate: 16.66µg (4.17%), Vitamin K: 4.14µg (3.94%), Magnesium: 13.5mg (3.38%), Copper: 0.06mg (2.85%), Vitamin B2: 0.05mg (2.78%), Phosphorus: 23.1mg (2.31%), Vitamin A: 107.12IU (2.14%), Calcium: 16.48mg (1.65%), Iron: 0.29mg (1.63%), Vitamin B3: 0.31mg (1.56%), Fiber: 0.32g (1.3%), Vitamin B5: 0.13mg (1.28%)