



Cranberry Culprit

 Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



172 kcal

BEVERAGE

DRINK

Ingredients

- 1 ounce amaretto such as disaronno almond liqueur, or make your own
- 1 ounce bourbon such as maker's mark
- 2 ounces ginger ale
- 1 serving ice cubes
- 1 serving lime wedges

Equipment

Directions

- Combine cranberry sauce, bourbon, and amaretto in a cocktail shaker and muddle until most of the cranberries and citrus are broken up. Fill the shaker with ice, cover, and shake vigorously.
- Pour the contents into a highball glass (do not strain), and top with ginger ale. Squeeze the lime wedge over top and serve.

Nutrition Facts

PROTEIN 0.24% **FAT 1.36%** **CARBS 98.4%**

Properties

Glycemic Index:110, Glycemic Load:3.15, Inflammation Score:-2, Nutrition Score:0.29869565294813%

Flavonoids

Hesperetin: 0.43mg, Hesperetin: 0.43mg, Hesperetin: 0.43mg, Hesperetin: 0.43mg Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg, Naringenin: 0.03mg

Nutrients (% of daily need)

Calories: 172.38kcal (8.62%), Fat: 0.09g (0.13%), Saturated Fat: 0.03g (0.19%), Carbohydrates: 14.2g (4.73%), Net Carbohydrates: 14.17g (5.15%), Sugar: 14.19g (15.77%), Cholesterol: 0mg (0%), Sodium: 9.34mg (0.41%), Alcohol: 16.84g (100%), Alcohol %: 12.53% (100%), Caffeine: 7.37mg (2.46%), Protein: 0.04g (0.07%), Copper: 0.04mg (1.86%)