

Cranberry Kamikaze

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



2 min.

SERVINGS



1

CALORIES



192 kcal

BEVERAGE

DRINK

Ingredients

- 0.3 cup 1/4 cup dried cranberry (juice sweetened if possible)
- 0.5 fluid ounce juice of lime sweetened
- 1 fluid ounce orange liqueur
- 1 fluid ounce vodka


Equipment

Directions

Pour vodka, orange flavored liqueur, sweetened lime juice, and cranberry juice over ice in a shaker. Shake until well mixed.

Pour into a chilled cocktail glass.

Nutrition Facts

 **PROTEIN 1.76%**  **FAT 2.12%**  **CARBS 96.12%**

Properties

Glycemic Index:71, Glycemic Load:4.29, Inflammation Score:-3, Nutrition Score:1.6513043816971%

Flavonoids

Eriodictyol: 0.32mg, Eriodictyol: 0.32mg, Eriodictyol: 0.32mg, Eriodictyol: 0.32mg Hesperetin: 1.33mg, Hesperetin: 1.33mg, Hesperetin: 1.33mg, Hesperetin: 1.33mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 192.17kcal (9.61%), Fat: 0.18g (0.28%), Saturated Fat: 0.04g (0.24%), Carbohydrates: 18.48g (6.16%), Net Carbohydrates: 18.36g (6.68%), Sugar: 17.42g (19.36%), Cholesterol: 0mg (0%), Sodium: 4.22mg (0.18%), Alcohol: 17.56g (100%), Alcohol %: 16.23% (100%), Caffeine: 7.69mg (2.56%), Protein: 0.34g (0.68%), Vitamin C: 10.32mg (12.51%), Vitamin E: 0.79mg (5.28%), Vitamin K: 3.31µg (3.16%), Copper: 0.05mg (2.68%), Potassium: 75.17mg (2.15%), Vitamin B6: 0.04mg (1.93%), Magnesium: 5.86mg (1.47%), Phosphorus: 13.55mg (1.35%), Vitamin B2: 0.02mg (1.13%), Iron: 0.19mg (1.07%)