



Cranberry Kir Royale



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



4

CALORIES



98 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

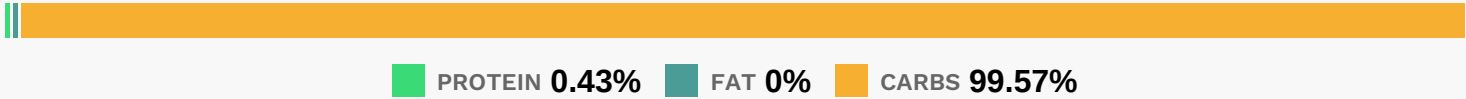
- ☐ 1.3 cups champagne chilled
- ☐ 8 tablespoons cranberry juice cocktail concentrate frozen thawed

Equipment

Directions

- ☐ Pour 2 tablespoons cranberry concentrate into each of 4 chilled Champagne glasses.
- ☐ Add 1/3 cup Champagne to each glass and serve.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:1.5147826120905%

Nutrients (% of daily need)

Calories: 97.99kcal (4.9%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 16.14g (5.38%), Net Carbohydrates: 16.08g (5.85%), Sugar: 13.47g (14.97%), Cholesterol: 0mg (0%), Sodium: 6.69mg (0.29%), Alcohol: 5.03g (100%), Alcohol %: 5.9% (100%), Protein: 0.07g (0.14%), Vitamin C: 13.54mg (16.42%), Potassium: 83.72mg (2.39%), Magnesium: 9.35mg (2.34%), Iron: 0.4mg (2.24%), Manganese: 0.04mg (2.07%), Vitamin B6: 0.03mg (1.51%), Vitamin B5: 0.14mg (1.44%), Phosphorus: 13.28mg (1.33%), Calcium: 10.33mg (1.03%), Vitamin B2: 0.02mg (1.02%)