



Cranberry Lemon Sandwiches

READY IN



35 min.

SERVINGS



54

CALORIES



173 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 1 cup butter softened
- 1 cup shortening
- 1 cup sugar
- 1 cup powdered sugar
- 2 large eggs
- 2 teaspoons vanilla extract
- 4 cups flour all-purpose
- 1 teaspoon cream of tartar
- 1 teaspoon lemon zest grated

- 0.5 teaspoon salt
- 0.8 cup cranberries dried
- 0.7 cup butter softened
- 2.8 cups powdered sugar
- 0.3 cup milk 2%
- 1.3 teaspoons lemon zest grated

Equipment

- bowl
- baking sheet
- oven

Directions

- In a large bowl, cream the butter, shortening and sugars until light and fluffy.
- Add eggs, one at a time, beating well after each addition. Beat in vanilla.
- Combine the flour, cream of tartar, lemon zest and salt; gradually add to the creamed mixture and mix well. Stir in cranberries. Cover and refrigerate for 2 hours or until easy to handle.
- Roll into 1-in. balls.
- Place 2 in. apart on ungreased baking sheets. Flatten with a glass dipped in sugar.
- Bake at 350° for 12–14 minutes or until edges are lightly browned.
- Remove to wire racks to cool.
- In a small bowl, combine the filling ingredients; beat until smooth.
- Spread on the bottoms of half of the cookies; top with remaining cookies.

Nutrition Facts



PROTEIN 2.94% **FAT 50.17%** **CARBS 46.89%**

Properties

Glycemic Index:4.54, Glycemic Load:7.7, Inflammation Score:-2, Nutrition Score:2.0017391294241%

Flavonoids

Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg, Cyanidin: 0.01mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 173.16kcal (8.66%), Fat: 9.8g (15.07%), Saturated Fat: 4.64g (28.99%), Carbohydrates: 20.6g (6.87%), Net Carbohydrates: 20.25g (7.36%), Sugar: 13.18g (14.65%), Cholesterol: 22.04mg (7.35%), Sodium: 70.4mg (3.06%), Alcohol: 0.05g (100%), Alcohol %: 0.17% (100%), Protein: 1.29g (2.58%), Selenium: 3.89µg (5.55%), Vitamin B1: 0.08mg (5.02%), Folate: 18.09µg (4.52%), Vitamin A: 186.24IU (3.72%), Vitamin B2: 0.06mg (3.62%), Manganese: 0.07mg (3.46%), Vitamin E: 0.46mg (3.04%), Vitamin B3: 0.56mg (2.81%), Iron: 0.48mg (2.68%), Vitamin K: 2.67µg (2.55%), Phosphorus: 16.51mg (1.65%), Fiber: 0.35g (1.39%), Vitamin B5: 0.11mg (1.1%)