



Cranberry-Lime Margaritas



Gluten Free



Dairy Free



Low Fod Map

READY IN



30 min.

SERVINGS



26

CALORIES



119 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 26 servings coarse salt (kosher or sea)
- ☐ 64 oz cranberry juice cocktail (8 cups)
- ☐ 26 servings ice crushed
- ☐ 1 cup juice of lime fresh
- ☐ 26 servings lime wedges
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- ☐ 0.5 cup pear liqueur orange-flavored
- ☐ 1 cup sugar

- ☐ 1.5 cups tequila
- ☐ 1 cup water

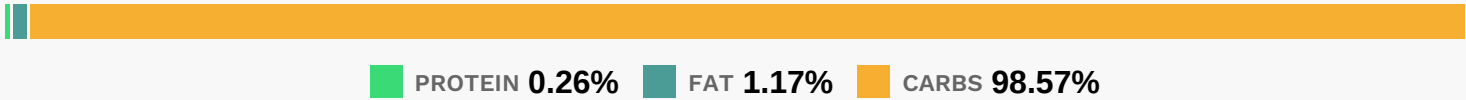
Equipment

- ☐ sauce pan

Directions

- ☐ In 1-quart saucepan, heat sugar and water over medium heat until sugar is dissolved.
- ☐ Remove from heat.
- ☐ Pour into large heatproof pitcher. Cover; refrigerate 20 minutes.
- ☐ Add lime juice, tequila, liqueur and cranberry juice cocktail to sugar syrup in pitcher; mix well. Refrigerate until serving time.
- ☐ Rub rims of margarita or lowball glasses with lime wedges, then dip rims in salt. Fill glasses with crushed ice; pour margarita mixture over ice.
- ☐ Garnish with lime wedges.

Nutrition Facts



Properties

Glycemic Index:8.04, Glycemic Load:11.07, Inflammation Score:-2, Nutrition Score:2.1643477807874%

Flavonoids

Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg, Cyanidin: 0.26mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg, Pelargonidin: 0.02mg Peonidin: 0.29mg, Peonidin: 0.29mg, Peonidin: 0.29mg, Peonidin: 0.29mg Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg, Catechin: 0.13mg Epicatechin: 0.69mg, Epicatechin: 0.69mg, Epicatechin: 0.69mg, Epicatechin: 0.69mg Eriodictyol: 0.2mg, Eriodictyol: 0.2mg, Eriodictyol: 0.2mg, Eriodictyol: 0.2mg Hesperetin: 1.69mg, Hesperetin: 1.69mg, Hesperetin: 1.69mg, Hesperetin: 1.69mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg Quercetin: 1.59mg, Quercetin: 1.59mg, Quercetin: 1.59mg, Quercetin: 1.59mg

Nutrients (% of daily need)

Calories: 118.95kcal (5.95%), Fat: 0.1g (0.16%), Saturated Fat: 0.01g (0.05%), Carbohydrates: 19.86g (6.62%), Net Carbohydrates: 19.77g (7.19%), Sugar: 17.94g (19.94%), Cholesterol: 0mg (0%), Sodium: 196.13mg (8.53%), Alcohol: 6.46g (100%), Alcohol %: 6.95% (100%), Protein: 0.05g (0.11%), Vitamin C: 32.89mg (39.87%), Manganese: 0.04mg (1.93%), Vitamin E: 0.18mg (1.19%)