

STARTER & SNACK

Cranberry-Nut Triangles

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	30	\$0.33	160 kcal

Cranberry-Nut Triangles might be a good recipe to expand your hor d'oeuvre recipe box. This recipe makes 30 servings with 188 calories, 1g of protein, and 9g of fat each. For 33 cents per serving, this recipe covers 3% of your daily requirements of vitamins and minerals. It is brought to you by My R...

Ingredients

- ☐ 1 cup firmly packed brown sugar
- ☐ 5 tablespoons butter
- ☐ ¾ cup dried cranberries
- ☐ 1½ cups all-purpose flour
- ☐ 1¼ cups chopped pecans
- ☐ 3 tablespoons whipping cream
- ☐ ½ cup butter or margarine, softened
- ☐ 3 tablespoons light corn syrup
- ☐ 1 large egg yolk
- ☐ 2 tablespoons maple syrup
- ☐ ½ cup powdered sugar

EQUIPMENT Sauce pan, Oven, Baking pan, Hand mixer

Method

- 1

Beat 1/2 cup softened butter and powdered sugar at medium speed with an electric mixer until creamy.
- 2

Add egg yolk, beating just until blended.
- 3

Add flour, and beat at low speed just until mixture is crumbly.
- 4

Press flour mixture on bottom and slightly up sides of a lightly greased 13- x 9-inch baking dish.

- 5 Bake at 350 for 20 to 25 minutes or until edges and surface are lightly browned.
- 6 Remove from oven; sprinkle crust evenly with chopped pecans and cranberries, and let cool.
- 7 Bring brown sugar and next 4 ingredients to a boil, stirring constantly, in a saucepan over medium-high heat.
- 8 Pour brown sugar mixture evenly over chopped pecans and cranberries in baking dish.
- 9 Bake at 350 for 15 minutes or until golden.
- 10 Remove from oven, and let cool completely.
- 11 Cut into 15 squares; cut squares in half diagonally to form triangles.

Nutrition per serving

160	1 g	9 g	20 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			2.5 g · 16% of daily needs
Fibre			0.8 g · 3% of daily needs
Sugar			14 g · 16% of daily needs
Sodium			55.2 mg · 2% of daily needs
Cholesterol			12.8 mg · 4% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/cranberry-nut-triangles-148504