



Cream Cheese Candies



Vegetarian



Gluten Free



Popular

READY IN



20 min.

SERVINGS



48

CALORIES



64 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 8 oz cream cheese
- ☐ 48 servings purple gel food coloring
- ☐ 1 tsp peppermint flavoring
- ☐ 4 cups powdered sugar (see Passover note)
- ☐ 0.3 cup butter unsalted

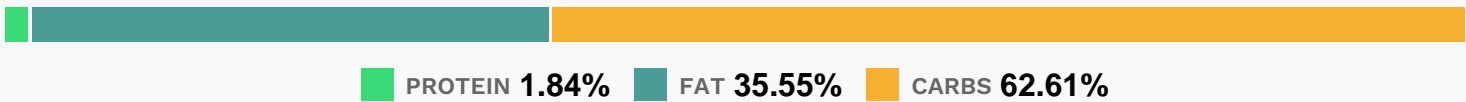
Equipment

- ☐ blender

Directions

- ☐ Save Recipe
- ☐ Print Recipe
- ☐ Cream Cheese Candies
- ☐ Ingredients1/4 cup unsalted butter1 package (8 oz.) cream cheese4–5 cups powdered sugar (see Passover note)1 tsp flavoring – peppermint, vanilla butter, lemon, banana, etc.Food coloring
- ☐ Passover Note
- ☐ If making during Passover, make sure your packaged ingredients are certified kosher for Passover. Passover powdered sugar (aka confectioner's sugar) can be tough to find. You can make your own by combining 4 cups granulated sugar with 2 tbsp potato starch in a blender – blend on high speed for 3–4 minutes until powdery.
- ☐ Prep Time: 10 Minutes
- ☐ Cook Time: 10 Minutes
- ☐ Total Time: 20 Minutes
- ☐ Servings: 48–52 candies
- ☐ Kosher Key: Dairy, Kosher for Passover (see note)

Nutrition Facts



Properties

Glycemic Index:0.56, Glycemic Load:0.07, Inflammation Score:-1, Nutrition Score:0.28652173685639%

Nutrients (% of daily need)

Calories: 63.91kcal (3.2%), Fat: 2.58g (3.98%), Saturated Fat: 1.56g (9.76%), Carbohydrates: 10.24g (3.41%), Net Carbohydrates: 10.24g (3.72%), Sugar: 9.96g (11.06%), Cholesterol: 7.31mg (2.44%), Sodium: 15.17mg (0.66%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.3g (0.6%), Vitamin A: 93IU (1.86%)