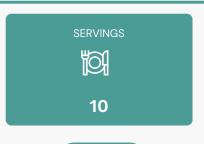


Cream Cheese Pound Cake







DESSERT

Ingredients

1 teaspoon almond extract
1.5 cups butter
3 cups cake flour swans down® (such as)
8 ounce cream cheese
6 eggs at room temperature
O.3 teaspoon ground nutmeg
1 teaspoon vanilla extract

2.5 cups sugar white

Equipment	
	bowl
	frying pan
	oven
	wire rack
	hand mixer
	toothpicks
Di	rections
	Preheat oven to 325 degrees F (160 degrees C). Grease and flour a 10-inch tube pan.
	Beat butter and cream cheese together with an electric mixer in a large bowl until smooth. Beat sugar into butter mixture until light and fluffy. The mixture should be noticeably lighter in color.
	Add the eggs two at a time, allowing each pair of eggs to blend into the butter mixture before adding the next. Beat in vanilla and almond extracts with the last eggs.
	Pour the flour and nutmeg into the bowl and beat until just incorporated.
	Pour the batter into the prepared tube pan.
	Bake in the preheated oven until a toothpick inserted into the center comes out clean, about 80 minutes. Check for doneness after 1 hour. Cool in the pan for 10 minutes before removing to cool completely on a wire rack.
	Nutrition Facts
	DDOTEIN 5 429/ FAT 40 729/ CARDO 44 949/
	PROTEIN 5.43% FAT 49.73% CARBS 44.84%
Pro	nerties

Glycemic Index:28.41, Glycemic Load:52.88, Inflammation Score:-6, Nutrition Score:7.7730434148208%

Nutrients (% of daily need)

Calories: 691.71kcal (34.59%), Fat: 38.73g (59.58%), Saturated Fat: 23.01g (143.84%), Carbohydrates: 78.59g (26.2%), Net Carbohydrates: 77.68g (28.25%), Sugar: 51.1g (56.78%), Cholesterol: 194.32mg (64.77%), Sodium: 328.97mg (14.3%), Alcohol: 0.28g (100%), Alcohol %: 0.2% (100%), Protein: 9.51g (19.01%), Selenium: 25.58µg

(36.55%), Vitamin A: 1298.86IU (25.98%), Manganese: 0.31mg (15.61%), Vitamin B2: 0.22mg (12.78%), Phosphorus: 121.24mg (12.12%), Vitamin E: 1.41mg (9.41%), Vitamin B5: 0.74mg (7.36%), Folate: 27.88μg (6.97%), Vitamin B12: 0.34μg (5.71%), Zinc: 0.81mg (5.4%), Calcium: 51.26mg (5.13%), Copper: 0.1mg (4.8%), Iron: 0.86mg (4.77%), Magnesium: 15.45mg (3.86%), Fiber: 0.91g (3.64%), Vitamin B6: 0.07mg (3.64%), Vitamin D: 0.53μg (3.52%), Potassium: 114.4mg (3.27%), Vitamin B1: 0.05mg (3.18%), Vitamin K: 3.05μg (2.91%), Vitamin B3: 0.43mg (2.17%)