



Creamy Baked Ziti

READY IN



45 min.

SERVINGS



45

CALORIES



71 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 14 oz canned tomatoes diced undrained canned
- 0.8 cup knudsen cream sour
- 6 oz philadelphia cream cheese cubed ()
- 0.3 cup parmesan cheese grated kraft
- 8 oz mozzarella cheese shredded with a touch of philadelphia kraft
- 24 oz classico tomato and basil pasta sauce
- 4 cup ziti pasta uncooked

Equipment

- frying pan
- sauce pan
- oven
- baking pan

Directions

- Heat oven to 375F.
- Cook pasta in large saucepan as directed on package, omitting salt.
- Remove pasta from pan; drain.
- Add pasta sauce, tomatoes and cream cheese to same pan; cook on medium heat 5 min. or until cream cheese is completely melted and mixture is blended, stirring frequently. Return pasta to pan; mix well.
- Layer half the pasta mixture in 13x9-inch baking dish sprayed with cooking spray; cover with layers of sour cream, 1 cup mozzarella and remaining pasta mixture. Top with remaining mozzarella; sprinkle with Parmesan.
- Bake 20 min. or until heated through.

Nutrition Facts



PROTEIN 15% **FAT 48.48%** **CARBS 36.52%**

Properties

Glycemic Index:2.13, Glycemic Load:1.69, Inflammation Score:-2, Nutrition Score:2.0613043632196%

Flavonoids

Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

Nutrients (% of daily need)

Calories: 71.23kcal (3.56%), Fat: 3.83g (5.9%), Saturated Fat: 2g (12.52%), Carbohydrates: 6.5g (2.17%), Net Carbohydrates: 5.75g (2.09%), Sugar: 1.77g (1.96%), Cholesterol: 10.71mg (3.57%), Sodium: 127.4mg (5.54%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.67g (5.34%), Selenium: 4.96µg (7.09%), Calcium: 48.23mg (4.82%), Vitamin A: 216.16IU (4.32%), Phosphorus: 41.25mg (4.13%), Fiber: 0.74g (2.97%), Manganese: 0.06mg (2.93%), Potassium: 91.83mg (2.62%), Vitamin B2: 0.04mg (2.35%), Vitamin B12: 0.14µg (2.35%), Zinc: 0.3mg (1.99%), Vitamin C: 1.58mg (1.92%), Iron: 0.27mg (1.53%), Magnesium: 5.79mg (1.45%), Copper: 0.02mg (1.19%), Vitamin B6: 0.02mg (1.18%)