

STARTER & SNACK

Creamy Crab and Artichoke Dip

4 October 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
25 min	10 min	15 min	32	\$0.51	171 kcal



Creamy Crab and Artichoke Dip might be a good recipe to expand your hor d'oeuvre recipe box. For 51 cents per serving, this recipe covers 3% of your daily requirements of vitamins and minerals. One portion of this dish contains approximately 3g of protein, 12g of fat, and a total of 171 calories. Th...

Ingredients

- ☐ 14 ounce artichoke hearts, drained
canned
- ☐ 8 ounce package cream cheese, softened
- ☐ 8 ounce package flake-style imitation crabmeat,
finely chopped
- ☐ ¾ cup finely shredded Parmesan cheese
- ☐ 32 servings Keebler® Town House® Original
Crackers
- ☐ 1/3 cup sliced green onions
- ☐ 1 cup mayonnaise

EQUIPMENT Bowl, Oven

Method

- 1 Chop artichoke hearts. Set aside.
- 2 In medium bowl stir together cream cheese and mayonnaise. Stir in artichoke hearts, Parmesan cheese and onions. Fold in imitation crabmeat.
- 3 Spoon into 9-inch pie plate or two 2-cup casseroles**.
- 4 Bake, uncovered, at 375 degrees F about 25 minutes or until heated through.
- 5 Garnish as desired.
- 6 Serve with crackers.

Nutrition per serving

171	3 g	12 g	12 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			3.5 g · 22% of daily needs
Fibre			0.7 g · 3% of daily needs
Sugar			2 g · 2% of daily needs
Sodium			331 mg · 14% of daily needs
Cholesterol			12.5 mg · 4% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/creamy-crab-and-artichoke-dip-147880