

Creamy Divinity



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



60

CALORIES



65 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 4 cups confectioners' sugar
- ☐ 0.3 cup plus light
- ☐ 7.3 ounce frosting mix white
- ☐ 1 cup nuts chopped
- ☐ 1 teaspoon vanilla extract
- ☐ 0.5 cup water boiling

Equipment

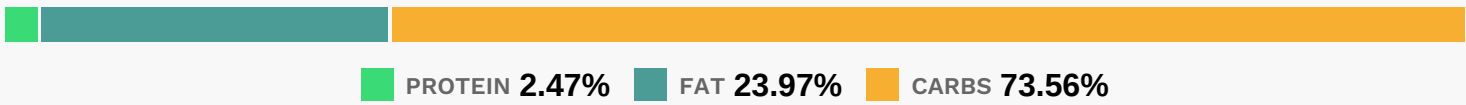
- ☐ bowl

- ☐ frying pan
- ☐ baking sheet
- ☐ mixing bowl
- ☐ stand mixer

Directions

- ☐ Line a 10x15 inch cookie sheet with parchment or waxed paper. Set aside.
- ☐ Beat frosting mix, corn syrup, vanilla, and boiling water in a mixing bowl until stiff peaks form, about 5 minutes.
- ☐ Mixture will be very thick, and it is helpful to use a stand mixer.
- ☐ Transfer to a large bowl and gradually beat in sugar; stir in nuts. Drop mixture by teaspoonfuls onto lined pan.
- ☐ Let stand about 4 hours or until firm. Turn candies over and dry at least 12 hours. Store in an airtight container.

Nutrition Facts



Properties

Glycemic Index:1.53, Glycemic Load:1.39, Inflammation Score:-1, Nutrition Score:0.569565217942%

Nutrients (% of daily need)

Calories: 65.25kcal (3.26%), Fat: 1.79g (2.76%), Saturated Fat: 0.27g (1.67%), Carbohydrates: 12.38g (4.13%), Net Carbohydrates: 12.17g (4.42%), Sugar: 11.45g (12.72%), Cholesterol: 0mg (0%), Sodium: 8.03mg (0.35%), Alcohol: 0.02g (100%), Alcohol %: 0.16% (100%), Protein: 0.42g (0.83%), Manganese: 0.05mg (2.35%), Copper: 0.03mg (1.58%), Magnesium: 5.48mg (1.37%), Phosphorus: 11.06mg (1.11%)