



Creamy Granita

 **Gluten Free**  **Dairy Free**

READY IN



250 min.

SERVINGS



10

CALORIES



25 kcal

DESSERT

Ingredients

- 3 Tbsp maxwell house naturally decaffeinated coffee instant
- 0.3 cup granular no-calorie sweetener
- 2 cups water boiling
- 0.5 cup cool whip lite whipped topping thawed

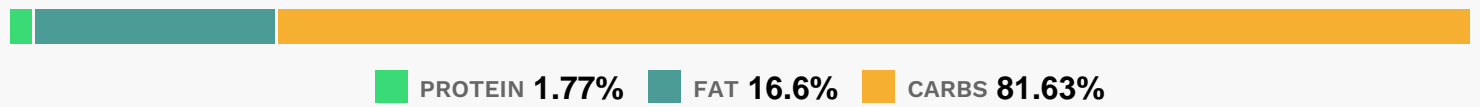
Equipment

- bowl
- frying pan

Directions

- Dissolve instant coffee and granulated sweetener in boiling water in large bowl.
- Add whipped topping; stir until well blended.
- Pour into 8-inch square pan.
- Freeze 4 hours or until firm.
- Draw fork repeatedly through frozen mixture just before serving. Spoon shavings evenly into 6 dessert dishes. Store leftover dessert in freezer.

Nutrition Facts



Properties

Glycemic Index:5, Glycemic Load:2.28, Inflammation Score:0, Nutrition Score:0.12869565124097%

Nutrients (% of daily need)

Calories: 25.24kcal (1.26%), Fat: 0.49g (0.76%), Saturated Fat: 0.42g (2.65%), Carbohydrates: 5.45g (1.82%), Net Carbohydrates: 5.45g (1.98%), Sugar: 4.9g (5.44%), Cholesterol: 0.08mg (0.03%), Sodium: 5.15mg (0.22%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.12g (0.24%)