



Creamy Hazelnut Martini



Gluten Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



202 kcal

BEVERAGE

DRINK

Ingredients

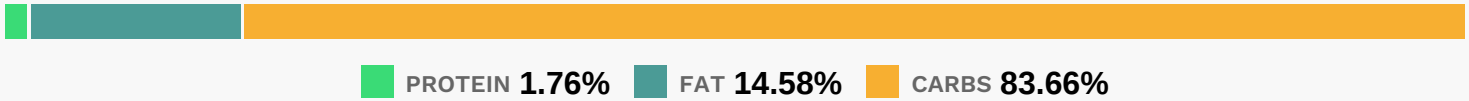
- ☐ 1 tablespoon half-and-half to taste
- ☐ 1.5 fluid ounces frangelico
- ☐ 1 cup ice cubes or as needed
- ☐ 1 fluid ounce simple syrup glaze
- ☐ 1.5 fluid ounces vanilla-flavored vodka

Equipment

Directions

- ☐
- Fill a cocktail shaker with ice.
- ☐
- Pour hazelnut liqueur, vodka, simple syrup, and half-and-half over ice. Cover shaker and shake until liquid is cold; strain into a martini glass.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:1.1739130503619%

Nutrients (% of daily need)

Calories: 201.65kcal (10.08%), Fat: 1.73g (2.65%), Saturated Fat: 1.05g (6.59%), Carbohydrates: 22.27g (7.42%), Net Carbohydrates: 22.27g (8.1%), Sugar: 22.26g (24.74%), Cholesterol: 5.25mg (1.75%), Sodium: 38.57mg (1.68%), Alcohol: 14.81g (100%), Alcohol %: 5.08% (100%), Protein: 0.47g (0.94%), Iron: 1.08mg (5.98%), Vitamin B1: 0.05mg (3.01%), Vitamin B2: 0.05mg (2.94%), Calcium: 26.99mg (2.7%), Copper: 0.05mg (2.48%), Phosphorus: 18.83mg (1.88%), Magnesium: 6.82mg (1.71%), Potassium: 38.87mg (1.11%), Vitamin A: 53.1IU (1.06%)