



Creamy Horseradish Sauce



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



3

CALORIES



57 kcal

SAUCE

Ingredients

- ☐ 0.1 teaspoon pepper black freshly ground
- ☐ 0.5 cup horseradish prepared
- ☐ 0.3 teaspoon salt
- ☐ 0.3 cup cup heavy whipping cream sour

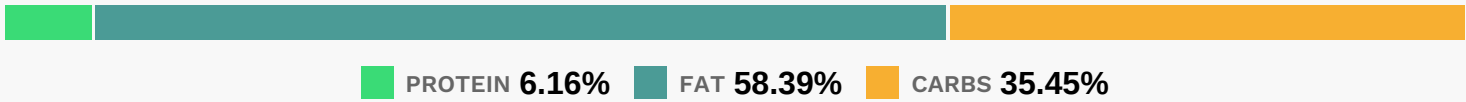
Equipment

Directions

☐

Combine all ingredients; cover and refrigerate up to 10 days.

Nutrition Facts



Properties

Glycemic Index:22.33, Glycemic Load:1.13, Inflammation Score:-2, Nutrition Score:2.5834782395674%

Nutrients (% of daily need)

Calories: 57.36kcal (2.87%), Fat: 4g (6.15%), Saturated Fat: 1.97g (12.33%), Carbohydrates: 5.46g (1.82%), Net Carbohydrates: 4.12g (1.5%), Sugar: 3.85g (4.28%), Cholesterol: 11.31mg (3.77%), Sodium: 367.75mg (15.99%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.95g (1.9%), Vitamin C: 10.13mg (12.28%), Folate: 23.96µg (5.99%), Fiber: 1.34g (5.36%), Calcium: 42.25mg (4.22%), Potassium: 123.51mg (3.53%), Magnesium: 12.86mg (3.22%), Manganese: 0.06mg (3.18%), Phosphorus: 27.1mg (2.71%), Zinc: 0.4mg (2.64%), Selenium: 1.83µg (2.62%), Vitamin B2: 0.04mg (2.47%), Vitamin A: 120.66IU (2.41%), Vitamin B6: 0.04mg (1.87%), Copper: 0.03mg (1.4%), Iron: 0.19mg (1.06%), Vitamin B5: 0.1mg (1.03%)