



Creamy Pappardelle with Leeks and Bacon

READY IN



45 min.

SERVINGS



6

CALORIES



634 kcal

SIDE DISH

LUNCH

MAIN COURSE

MAIN DISH

Ingredients

- ☐ 2 teaspoons thyme sprigs fresh chopped
- ☐ 1 cup grana padano cheese finely grated
- ☐ 0.8 cup cup heavy whipping cream
- ☐ 6 servings kosher salt
- ☐ 2 medium leek white halved lengthwise sliced
- ☐ 2 tablespoons olive oil
- ☐ 1 pound pappardelle
- ☐ 4 slices bacon thick-cut cut into 1/2" pieces
- ☐ 1 tablespoon butter unsalted

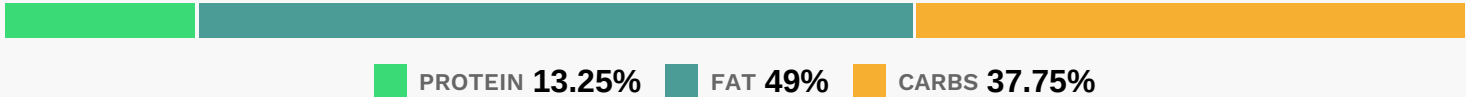
Equipment

☐ pot

Directions

- ☐ Heat oil and butter in a large heavy pot overmedium heat.
- ☐ Add bacon and cook, stirringoften, until fat is rendered and bacon iscrisp, 5–8 minutes.
- ☐ Add leeks and seasonwith salt. Increase heat to medium–highand cook, stirring often, until leeks beginto brown, 5–8 minutes.
- ☐ Add cream, thyme,and 1/2 cup water. Bring to a boil, reduceheat, and simmer, stirring occasionally, untilsauce is thickened and coats the back of aspoon, 5–8 minutes.
- ☐ Meanwhile, cook pasta in a large pot ofboiling salted water, stirring occasionally,until al dente.
- ☐ Drain pasta, reserving 2 cupspasta cooking liquid.
- ☐ Add pasta, Parmesan, and 1 cup pastacooking liquid to sauce and stir to coat.Increase heat to medium and continuestirring, adding more cooking liquid asneeded, until sauce coats pasta.

Nutrition Facts



Properties

Glycemic Index:24.67, Glycemic Load:23.96, Inflammation Score:-9, Nutrition Score:19.012173839237%

Flavonoids

Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.31mg, Luteolin: 0.31mg, Luteolin: 0.31mg, Luteolin: 0.31mg Kaempferol: 0.79mg, Kaempferol: 0.79mg, Kaempferol: 0.79mg, Kaempferol: 0.79mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 633.62kcal (31.68%), Fat: 34.59g (53.21%), Saturated Fat: 15.52g (96.99%), Carbohydrates: 59.94g (19.98%), Net Carbohydrates: 56.82g (20.66%), Sugar: 3.58g (3.98%), Cholesterol: 129.31mg (43.1%), Sodium: 649.92mg (28.26%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 21.04g (42.08%), Selenium: 69.36µg (99.08%), Manganese: 0.81mg (40.37%), Phosphorus: 361.32mg (36.13%), Calcium: 265.56mg (26.56%), Vitamin A: 1207.77IU (24.16%), Vitamin K: 18.53µg (17.65%), Magnesium: 65.57mg (16.39%), Vitamin B6: 0.32mg (16.21%), Zinc:

2.31mg (15.43%), Vitamin B1: 0.23mg (15.03%), Copper: 0.28mg (14.15%), Vitamin B3: 2.75mg (13.74%), Iron: 2.47mg (13.72%), Fiber: 3.12g (12.49%), Vitamin B2: 0.21mg (12.45%), Vitamin E: 1.69mg (11.28%), Folate: 43.64µg (10.91%), Vitamin B5: 1.02mg (10.21%), Vitamin B12: 0.59µg (9.85%), Potassium: 333.68mg (9.53%), Vitamin D: 0.92µg (6.11%), Vitamin C: 4.81mg (5.83%)