



## Creamy Stuffing-Topped Turkey

READY IN



70 min.

SERVINGS



9

CALORIES



403 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

### Ingredients

- 1 cup three cheese shredded with a touch of philadelphia kraft
- 8 oz philadelphia cream cheese spread
- 2 cups green beans fresh cut (1-inch lengths)
- 2 cups mushrooms fresh sliced
- 0.5 tsp garlic powder
- 2 Tbsp milk
- 1 Tbsp oil
- 1 onion chopped
- 0.5 cup parmesan cheese grated kraft

- 0.5 lb pasta like spaghetti uncooked
- 6 oz stove top stuffing mix for chicken
- 3 cups roasted turkey leftover chopped
- 2 cups turkey stock

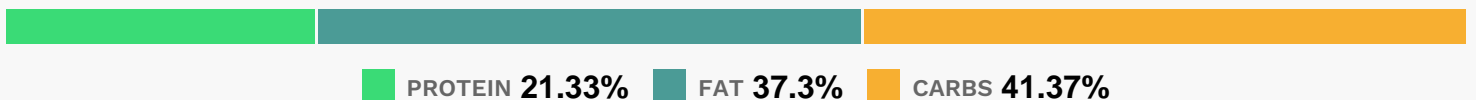
## Equipment

- frying pan
- sauce pan
- oven
- baking pan

## Directions

- Heat oven to 350F.
- Cook spaghetti in large saucepan as directed on package, omitting salt.
- Meanwhile, heat oil in large skillet on medium-high heat.
- Add mushrooms, beans and onions; cook and stir 5 min. or until mushrooms release their liquid.
- Add turkey, Turkey Stock, cream cheese spread, Parmesan, milk and garlic powder; cook 3 to 5 min. or until sauce is blended, stirring constantly.
- Drain spaghetti; return to saucepan.
- Add turkey mixture; toss to coat.
- Pour into 13x9-inch baking dish sprayed with cooking spray. Top with shredded cheese. Prepare stuffing as directed on package; spoon over cheese. Cover.
- Bake 45 min. or until turkey mixture is heated through and topping is crisp, uncovering after 25 min.

## Nutrition Facts



## Properties

Glycemic Index:24.11, Glycemic Load:8.6, Inflammation Score:-6, Nutrition Score:15.502173978349%

## Flavonoids

Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Isorhamnetin: 0.61mg, Isorhamnetin: 0.61mg, Isorhamnetin: 0.61mg, Isorhamnetin: 0.61mg Kaempferol: 0.19mg, Kaempferol: 0.19mg, Kaempferol: 0.19mg, Kaempferol: 0.19mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 3.15mg, Quercetin: 3.15mg, Quercetin: 3.15mg, Quercetin: 3.15mg

## Nutrients (% of daily need)

Calories: 402.68kcal (20.13%), Fat: 16.61g (25.55%), Saturated Fat: 7.87g (49.18%), Carbohydrates: 41.45g (13.82%), Net Carbohydrates: 38.95g (14.16%), Sugar: 5.81g (6.46%), Cholesterol: 59.03mg (19.68%), Sodium: 680mg (29.57%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 21.37g (42.74%), Selenium: 41.01µg (58.58%), Vitamin B3: 5.86mg (29.28%), Phosphorus: 277.09mg (27.71%), Vitamin B2: 0.39mg (23.02%), Manganese: 0.43mg (21.69%), Calcium: 213.7mg (21.37%), Vitamin B6: 0.38mg (19.22%), Vitamin B1: 0.22mg (14.69%), Folate: 58.3µg (14.58%), Zinc: 2.11mg (14.03%), Copper: 0.27mg (13.43%), Vitamin A: 608.08IU (12.16%), Vitamin K: 12.41µg (11.82%), Magnesium: 46.42mg (11.61%), Potassium: 396.32mg (11.32%), Vitamin B12: 0.64µg (10.71%), Iron: 1.88mg (10.46%), Fiber: 2.51g (10.03%), Vitamin B5: 0.93mg (9.26%), Vitamin C: 4.44mg (5.38%), Vitamin E: 0.65mg (4.32%), Vitamin D: 0.28µg (1.88%)