



Creepy Eyes Crispy Balls

READY IN



35 min.

SERVINGS



18

CALORIES



256 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 3 Tbsp butter
- 5 cups kelloggâ€™sâ€™ rice krispiesâ€™ cereal
- 2 tsp decorating gel red
- 10 oz marshmallows jet-puffed
- 16 halloween oreo cookies coarsely chopped
- 36 oreo bite size cookies mini

Equipment

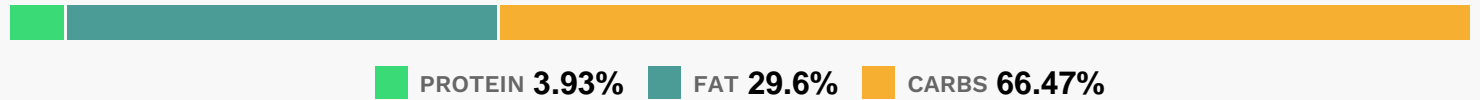
- bowl

microwave

Directions

- Microwave butter in large microwaveable bowl on HIGH 45 sec. or until melted.
- Add marshmallows; toss to coat. Microwave 1-1/2 min. or until marshmallows are completely melted and mixture is well blended, stirring after 45 sec.
- Add cereal and chopped cookies; mix well.
- Roll into 18 balls.
- Use thumb to make 2 indentation in center of each ball. Split Mini OREO Cookies in half. Reserve plain halves for snacking or another use. Press remaining cookie halves, creme-sides up, into cereal balls for the eyes. Decorate with gel to resemble bloodshot eyes.

Nutrition Facts



Properties

Glycemic Index:3.36, Glycemic Load:7.74, Inflammation Score:-4, Nutrition Score:8.6456521956817%

Nutrients (% of daily need)

Calories: 255.84kcal (12.79%), Fat: 8.67g (13.34%), Saturated Fat: 2.39g (14.97%), Carbohydrates: 43.82g (14.61%), Net Carbohydrates: 42.65g (15.51%), Sugar: 23.78g (26.42%), Cholesterol: 0mg (0%), Sodium: 229.78mg (9.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.59g (5.18%), Iron: 6.73mg (37.38%), Manganese: 0.5mg (25.24%), Folate: 76.9µg (19.23%), Vitamin B2: 0.2mg (11.97%), Vitamin B1: 0.17mg (11.53%), Vitamin B3: 2.3mg (11.51%), Vitamin K: 9.57µg (9.12%), Zinc: 1.31mg (8.7%), Copper: 0.15mg (7.53%), Vitamin B6: 0.15mg (7.37%), Vitamin B12: 0.42µg (7.03%), Vitamin E: 0.95mg (6.37%), Selenium: 3.54µg (5.06%), Magnesium: 18.93mg (4.73%), Fiber: 1.17g (4.68%), Phosphorus: 45.14mg (4.51%), Vitamin A: 223.06IU (4.46%), Calcium: 36.2mg (3.62%), Potassium: 96.99mg (2.77%), Vitamin B5: 0.22mg (2.17%), Vitamin C: 1.67mg (2.02%), Vitamin D: 0.28µg (1.85%)