

## Crème De Menthe Frosting

READY IN



45 min.

SERVINGS



3

CALORIES



973 kcal

BEVERAGE

DRINK

### Ingredients

- 0.5 cup butter softened
- 3 tablespoons crème de cassis liqueur green
- 3 tablespoons half-and-half
- 4 cups powdered sugar sifted
- 3 servings try build-a-meal

### Equipment

- hand mixer

## Directions

- ☐ Beat butter at medium speed with an electric mixer until fluffy; gradually add powdered sugar, half-and-half, and crme de menthe beating until frosting is smooth.

## Nutrition Facts

**PROTEIN 0.39%** **FAT 30.1%** **CARBS 69.51%**

## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-7, Nutrition Score:2.833043437937%

## Nutrients (% of daily need)

Calories: 972.96kcal (48.65%), Fat: 32.25g (49.62%), Saturated Fat: 7.38g (46.11%), Carbohydrates: 167.59g (55.86%), Net Carbohydrates: 167.37g (60.86%), Sugar: 163.35g (181.5%), Cholesterol: 5.25mg (1.75%), Sodium: 369.88mg (16.08%), Alcohol: 4.47g (100%), Alcohol %: 2.48% (100%), Protein: 0.95g (1.9%), Vitamin A: 1406.51IU (28.13%), Vitamin E: 1.22mg (8.16%), Vitamin B2: 0.08mg (4.5%), Manganese: 0.08mg (3.98%), Calcium: 29.56mg (2.96%), Phosphorus: 29.27mg (2.93%), Selenium: 2.01µg (2.87%), Copper: 0.03mg (1.58%), Potassium: 46.19mg (1.32%), Magnesium: 5.11mg (1.28%), Vitamin B12: 0.07µg (1.11%)