



Crème Fraîche

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



5

CALORIES



192 kcal

SIDE DISH

Ingredients

- 0.3 cup powdered sugar
- 0.7 cup cup heavy whipping cream sour
- 0.7 cup whipping cream

Equipment

Directions

- Stir together all ingredients; cover and chill 8 hours.

Nutrition Facts

PROTEIN 3.36% FAT 79.73% CARBS 16.91%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:2.2821739017963%

Nutrients (% of daily need)

Calories: 191.95kcal (9.6%), Fat: 17.41g (26.78%), Saturated Fat: 10.4g (64.98%), Carbohydrates: 8.31g (2.77%), Net Carbohydrates: 8.31g (3.02%), Sugar: 7.84g (8.71%), Cholesterol: 53.95mg (17.98%), Sodium: 18.19mg (0.79%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.65g (3.3%), Vitamin A: 657.53IU (13.15%), Vitamin B2: 0.11mg (6.61%), Calcium: 51.98mg (5.2%), Phosphorus: 41.71mg (4.17%), Vitamin D: 0.51µg (3.38%), Selenium: 2.12µg (3.03%), Vitamin E: 0.41mg (2.72%), Potassium: 68.6mg (1.96%), Vitamin B12: 0.12µg (1.92%), Vitamin B5: 0.18mg (1.84%), Vitamin K: 1.48µg (1.41%), Magnesium: 5.29mg (1.32%), Zinc: 0.18mg (1.19%), Vitamin B6: 0.02mg (1.18%)