



Crescent Mummy Dogs

 **Gluten Free**  **Dairy Free**

READY IN



50 min.

SERVINGS



10

CALORIES



131 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 2.5 slices processed cheese food quartered
- 10 large hot dogs

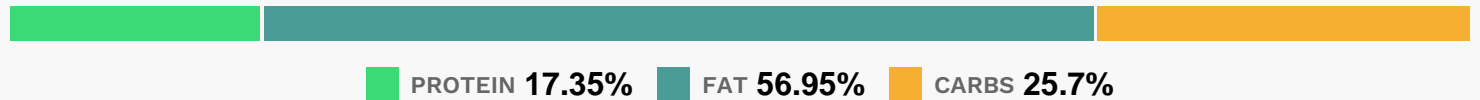
Equipment

- baking sheet
- oven
- knife
- kitchen scissors

Directions

- Heat oven to 375 degrees F.
- Crescent
- Rolls: Unroll dough; separate at perforations creating 4 rectangles; press perforations to seal. Recipe Creations: Unroll dough; cut into 4 rectangles.
- With knife or kitchen scissors, cut each rectangle lengthwise into 10 pieces, making a total of 40 pieces of dough. Slice cheese slices into quarters (1/2 slice cheese, cut in half).
- Wrap 4 pieces of dough around each hot dog and 1/4 slice of cheese to look like "bandages," stretching dough slightly to completely cover hot dog. About 1/2 inch from one end of each hot dog, separate "bandages" so hot dog shows through for "face." On ungreased large cookie sheet, place wrapped hot dogs (cheese side down); spray dough lightly with cooking spray.
- Bake 13 to 17 minutes or until dough is light golden brown and hot dogs are hot. With mustard, draw features on 'face.'

Nutrition Facts



Properties

Glycemic Index:5.5, Glycemic Load:2.37, Inflammation Score:-1, Nutrition Score:4.0865217202707%

Nutrients (% of daily need)

Calories: 130.63kcal (6.53%), Fat: 8.35g (12.84%), Saturated Fat: 3.29g (20.59%), Carbohydrates: 8.47g (2.82%), Net Carbohydrates: 8.47g (3.08%), Sugar: 0.12g (0.13%), Cholesterol: 25.5mg (8.5%), Sodium: 395.53mg (17.2%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 5.72g (11.44%), Selenium: 12.99µg (18.55%), Vitamin B3: 1.68mg (8.39%), Vitamin B2: 0.14mg (8.13%), Phosphorus: 78.2mg (7.82%), Vitamin B1: 0.11mg (7.25%), Zinc: 1.04mg (6.93%), Calcium: 65.66mg (6.57%), Iron: 1.1mg (6.08%), Folate: 22.47µg (5.62%), Vitamin B12: 0.31µg (5.21%), Vitamin B5: 0.26mg (2.55%), Manganese: 0.04mg (2.2%), Potassium: 72.63mg (2.08%), Copper: 0.04mg (1.88%), Magnesium: 7.22mg (1.8%), Vitamin B6: 0.03mg (1.27%)