

Crunchy Chocolate Truffle Cups

 **Gluten Free**

READY IN



225 min.

SERVINGS



30

CALORIES



79 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.8 cup chocolate chips dark
- 0.3 cup whipping cream
- 1 tablespoon butter
- 8 crunchy peanut butter crushed
- 1 cup marshmallows miniature
- 0.7 cup chocolate chips dark
- 0.3 cup whipping cream
- 1 tablespoon butter

1 serving sprinkles assorted

Equipment

bowl

sauce pan

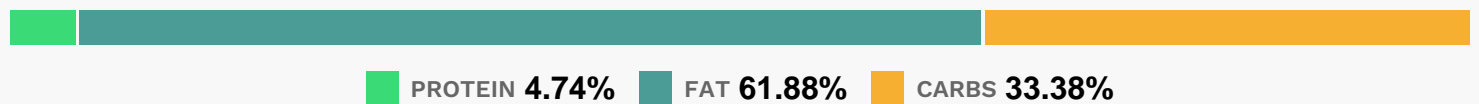
aluminum foil

muffin liners

Directions

- Place mini foil baking cup in each of 30 mini muffin cups. Spray foil cups with cooking spray.
- In medium bowl, place 3/4 cup chocolate chips; set aside. In 1-quart saucepan, heat 1/3 cup whipping cream and 1 tablespoon butter over medium heat, stirring until butter is melted and mixture begins to boil.
- Pour cream mixture over chocolate in bowl; stir until smooth.
- Add crushed granola bars and marshmallows; mix well. Spoon slightly less than 1 measuring tablespoonful mixture into each muffin cup; gently press into cups.
- In small bowl, place 2/3 cup chocolate chips; set aside. In 1-quart saucepan, heat 1/3 cup whipping cream and 1 tablespoon butter over medium heat, stirring until butter is melted and mixture begins to boil.
- Pour cream mixture over chocolate in bowl; stir until smooth. Spoon melted chocolate over each crunchy truffle; smooth top with tip of spoon. Decorate with candy sprinkles.
- Refrigerate about 3 hours or until firm. Store covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:5.35, Glycemic Load:0.82, Inflammation Score:-1, Nutrition Score:1.0700000045092%

Nutrients (% of daily need)

Calories: 78.85kcal (3.94%), Fat: 5.49g (8.44%), Saturated Fat: 4.2g (26.24%), Carbohydrates: 6.66g (2.22%), Net Carbohydrates: 6.32g (2.3%), Sugar: 4.34g (4.82%), Cholesterol: 8.07mg (2.69%), Sodium: 19.15mg (0.83%),

Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.94g (1.89%), Calcium: 29.64mg (2.96%), Zinc: 0.32mg (2.14%),
Vitamin A: 101.92IU (2.04%), Potassium: 61.12mg (1.75%), Vitamin B2: 0.03mg (1.51%), Phosphorus: 14.99mg (1.5%),
Vitamin E: 0.22mg (1.47%), Fiber: 0.35g (1.38%)