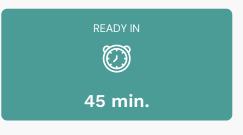


## **Crushed-Peppermint Cheesecake**







DESSERT

## Ingredients

0.3 cup cream sour

3 tablespoons butter melted
12 ounces crème-filled chocolate sandwich cookies such as oreos, broken into pieces
1.5 pounds cream cheese at room temperature
4 eggs
2 tablespoons flour all-purpose
0.3 cup peppermint candies crushed
0.5 teaspoon peppermint extract
0.5 teaspoon salt

	0.8 cup sugar	
	1 teaspoon vanilla	
Equipment		
	bowl	
	frying pan	
	paper towels	
	oven	
	knife	
	wire rack	
	blender	
	ziploc bags	
	springform pan	
	rolling pin	
Directions		
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Ш	Place cookies in a heavy zip-lock plastic bag and crush with a rolling pin.	
	Pour into a buttered 9-inch round springform pan and pour melted butter over crumbs; mix to coat, then press evenly over bottom and about 1/2 inch up sides of pan.	
	Bake in a 300 oven until crust is slightly darker and looks a bit dry, about 10 minutes (leave oven on).	
	Meanwhile, in a bowl, with a mixer on medium speed, beat cream cheese and sugar until well blended. Beat in sour cream.	
	Add eggs one at a time, beating to blend after each addition. Beat in flour, vanilla, peppermint extract, and salt until smooth.	
	Pour cream cheese mixture into pan over baked crust.	
	Bake until edges are just golden and center jiggles slightly when pan is gently shaken, about 1 hour. Run a knife around edge of pan rim.	
	Place pan on a wire rack and cool cheesecake completely in pan. Cover and chill until cold, at least 4 hours or up to 2 days. Run a knife around rim again, then release rim. If any liquid has	

pooled on surface of cheesecake, blot dry gently with a paper towel.

Decorate top of cake with crushed peppermint candy, pressing it in gently with your hands.

Nutrition Facts

PROTEIN 6.1% FAT 60.29% CARBS 33.61%

## **Properties**

Glycemic Index:13.88, Glycemic Load:7.7, Inflammation Score:-4, Nutrition Score:5.9813043159311%

## Nutrients (% of daily need)

Calories: 358.88kcal (17.94%), Fat: 24.54g (37.75%), Saturated Fat: 13.43g (83.94%), Carbohydrates: 30.77g (10.26%), Net Carbohydrates: 30.13g (10.95%), Sugar: 22.66g (25.18%), Cholesterol: 92.34mg (30.78%), Sodium: 325.88mg (14.17%), Alcohol: 0.13g (100%), Alcohol %: 0.17% (100%), Protein: 5.59g (11.18%), Iron: 2.87mg (15.92%), Vitamin A: 726.38IU (14.53%), Vitamin B2: 0.21mg (12.61%), Selenium: 8.72µg (12.45%), Phosphorus: 92.36mg (9.24%), Manganese: 0.16mg (8.01%), Vitamin E: 1.09mg (7.24%), Vitamin K: 7.01µg (6.68%), Calcium: 65.06mg (6.51%), Folate: 24.05µg (6.01%), Vitamin B5: 0.5mg (4.98%), Copper: 0.09mg (4.49%), Vitamin B1: 0.06mg (4.3%), Magnesium: 15.93mg (3.98%), Potassium: 129.45mg (3.7%), Zinc: 0.54mg (3.59%), Vitamin B12: 0.21µg (3.43%), Vitamin B3: 0.66mg (3.31%), Fiber: 0.64g (2.57%), Vitamin B6: 0.05mg (2.5%), Vitamin D: 0.22µg (1.47%)