



Cucumber and Chili Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



132 kcal

BEVERAGE

DRINK

Ingredients



1 serving ground pepper



8 slices cucumber thin



1 serving ice cubes



1 serving kosher salt



0.3 cup juice of lime fresh



1 lime wedges



1.5 ounces tequila



1.5 ounces frangelico

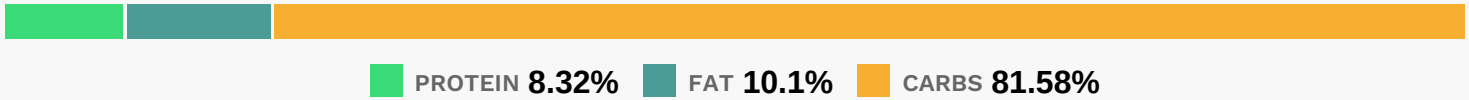
1.5 ounces frangelico

Equipment

Directions

In a shaker, mix together tequila, Cointreau, lime juice, cucumber slices, and a dash of cayenne pepper. Shake or stir.Rub the rim of a glass with a lime wedge, then dip the edge in a dish of kosher salt.Fill the glass with ice and top with the mixed margarita.

Nutrition Facts



Properties

Glycemic Index:94, Glycemic Load:0.75, Inflammation Score:-7, Nutrition Score:5.1439129995263%

Flavonoids

Eriodictyol: 1.32mg, Eriodictyol: 1.32mg, Eriodictyol: 1.32mg, Eriodictyol: 1.32mg Hesperetin: 13.17mg, Hesperetin: 13.17mg, Hesperetin: 13.17mg, Hesperetin: 13.17mg Naringenin: 0.84mg, Naringenin: 0.84mg, Naringenin: 0.84mg, Naringenin: 0.84mg Quercetin: 0.38mg, Quercetin: 0.38mg, Quercetin: 0.38mg, Quercetin: 0.38mg

Nutrients (% of daily need)

Calories: 131.84kcal (6.59%), Fat: 0.51g (0.79%), Saturated Fat: 0.08g (0.51%), Carbohydrates: 9.33g (3.11%), Net Carbohydrates: 7.64g (2.78%), Sugar: 2.31g (2.56%), Cholesterol: 0mg (0%), Sodium: 200.31mg (8.71%), Alcohol: 14.2g (100%), Alcohol %: 7.64% (100%), Protein: 0.95g (1.9%), Vitamin C: 26.71mg (32.37%), Vitamin A: 911.77IU (18.24%), Fiber: 1.68g (6.73%), Potassium: 206.48mg (5.9%), Vitamin K: 6.11µg (5.82%), Vitamin B6: 0.11mg (5.44%), Vitamin E: 0.79mg (5.24%), Manganese: 0.1mg (5.07%), Copper: 0.09mg (4.66%), Folate: 17.45µg (4.36%), Magnesium: 16.25mg (4.06%), Vitamin B1: 0.05mg (3.13%), Phosphorus: 31.03mg (3.1%), Vitamin B2: 0.05mg (2.75%), Calcium: 27.01mg (2.7%), Iron: 0.46mg (2.56%), Vitamin B5: 0.25mg (2.48%), Vitamin B3: 0.32mg (1.61%), Zinc: 0.24mg (1.57%)