



Cucumber Cilantro Margarita

 Vegetarian  Gluten Free  Dairy Free

READY IN



40 min.

SERVINGS



1

CALORIES



1060 kcal

BEVERAGE

DRINK

Ingredients

- 0.8 oz clear honey orange-flavored
- 1 slices cucumber
- 4 slices cucumber english seedless ()
- 2 sprigs cilantro leaves fresh
- 0.8 oz juice of lime fresh
- 0.8 oz simple syrup glaze
- 1 cup sugar
- 1.5 oz tequila

1 cup water

Equipment

sauce pan

Directions

- To make Simple Syrup, mix sugar and water in 1-quart saucepan.
- Heat to boiling over medium-high heat, stirring until sugar is dissolved.
- Remove from heat; let stand 30 minutes.
- Transfer to storage container. Cover and refrigerate up to 3 days. Makes 1 1/4 cups.
- To make margarita, add 4 cucumber slices and sprigs of cilantro to cocktail shaker; break up with muddler or spoon.
- Add 3/4 oz of the simple syrup, the tequila, orange-flavored liqueur and lime juice. Fill shaker with ice; cover and shake vigorously. Strain into cocktail glass filled with fresh ice.
- Garnish with additional cucumber slices.

Nutrition Facts

 PROTEIN 1.17%  FAT 1.01%  CARBS 97.82%

Properties

Glycemic Index:184.36, Glycemic Load:148.78, Inflammation Score:-6, Nutrition Score:12.849130314329%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Kaempferol: 0.54mg, Kaempferol: 0.54mg, Kaempferol: 0.54mg, Kaempferol: 0.54mg Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg

Nutrients (% of daily need)

Calories: 1059.64kcal (52.98%), Fat: 1.15g (1.76%), Saturated Fat: 0.16g (0.98%), Carbohydrates: 249.48g (83.16%), Net Carbohydrates: 247.1g (89.85%), Sugar: 240.06g (266.74%), Cholesterol: 0mg (0%), Sodium: 38.37mg (1.67%), Alcohol: 14.2g (100%), Alcohol %: 1.86% (100%), Protein: 2.99g (5.99%), Vitamin K: 82.63µg (78.7%), Vitamin C: 19.56mg (23.71%), Potassium: 698.37mg (19.95%), Manganese: 0.39mg (19.46%), Magnesium: 62.69mg (15.67%), Vitamin A: 752.38IU (15.05%), Copper: 0.26mg (13.2%), Iron: 2.25mg (12.5%), Vitamin B2: 0.21mg (12.35%), Vitamin

B5: 1.16mg (11.6%), Phosphorus: 110.67mg (11.07%), Vitamin B1: 0.15mg (10.2%), Fiber: 2.38g (9.52%), Vitamin B6: 0.19mg (9.51%), Folate: 35.41µg (8.85%), Calcium: 86.63mg (8.66%), Zinc: 1.03mg (6.87%), Selenium: 2.84µg (4.05%), Vitamin B3: 0.54mg (2.71%), Vitamin E: 0.28mg (1.9%)