



Cucumber Cilantro Margarita



Vegetarian



Gluten Free



Dairy Free

READY IN



40 min.

SERVINGS



1

CALORIES



1059 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.8 oz clear honey orange-flavored
- ☐ 4 slices cucumber english seedless ()
- ☐ 2 sprigs cilantro leaves fresh
- ☐ 0.8 oz juice of lime fresh
- ☐ 0.8 oz simple syrup glaze
- ☐ 1 cup sugar
- ☐ 1.5 oz tequila
- ☐ 1 cup water

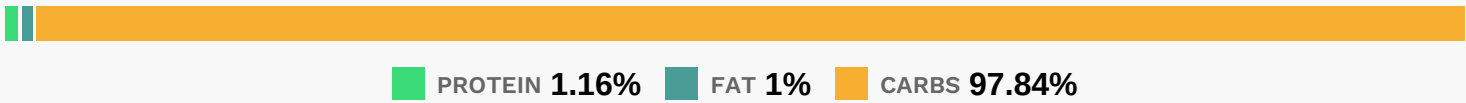
Equipment

☐ sauce pan

Directions

- ☐ To make Simple Syrup, mix sugar and water in 1-quart saucepan.
- ☐ Heat to boiling over medium-high heat, stirring until sugar is dissolved.
- ☐ Remove from heat; let stand 30 minutes.
- ☐ Transfer to storage container. Cover and refrigerate up to 3 days. Makes 1 1/4 cups.
- ☐ To make margarita, add 4 cucumber slices and sprigs of cilantro to cocktail shaker; break up with muddler or spoon.
- ☐ Add 3/4 oz of the simple syrup, the tequila, orange-flavored liqueur and lime juice. Fill shaker with ice; cover and shake vigorously. Strain into cocktail glass filled with fresh ice.
- ☐ Garnish with additional cucumber slices.

Nutrition Facts



Properties

Glycemic Index:169.36, Glycemic Load:148.77, Inflammation Score:-6, Nutrition Score:12.704347905905%

Flavonoids

Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Kaempferol: 0.54mg, Kaempferol: 0.54mg, Kaempferol: 0.54mg, Kaempferol: 0.54mg Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg, Quercetin: 2.63mg

Nutrients (% of daily need)

Calories: 1058.8kcal (52.94%), Fat: 1.14g (1.75%), Saturated Fat: 0.16g (0.98%), Carbohydrates: 249.33g (83.11%), Net Carbohydrates: 246.99g (89.82%), Sugar: 239.97g (266.63%), Cholesterol: 0mg (0%), Sodium: 38.23mg (1.66%), Alcohol: 14.2g (100%), Alcohol %: 1.87% (100%), Protein: 2.95g (5.9%), Vitamin K: 82.13µg (78.22%), Vitamin C: 19.33mg (23.43%), Potassium: 688.85mg (19.68%), Manganese: 0.38mg (19.2%), Magnesium: 61.85mg (15.46%), Vitamin A: 747.34IU (14.95%), Copper: 0.26mg (12.95%), Iron: 2.23mg (12.41%), Vitamin B2: 0.21mg (12.25%), Vitamin B5: 1.14mg (11.43%), Phosphorus: 109.2mg (10.92%), Vitamin B1: 0.15mg (10.05%), Vitamin B6: 0.19mg (9.33%), Fiber:

2.33g (9.33%), Folate: 34.43µg (8.61%), Calcium: 85.65mg (8.57%), Zinc: 1.02mg (6.79%), Selenium: 2.83µg (4.04%),
Vitamin B3: 0.54mg (2.7%), Vitamin E: 0.28mg (1.88%)