



Cucumber Gimlet



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



10

CALORIES



348 kcal

BEVERAGE

DRINK

Ingredients

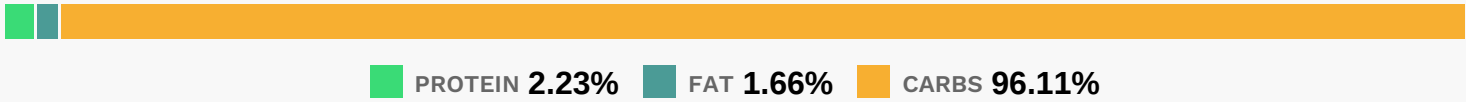
- ☐ 2.5 cup cucumber plus more for garnish thinly sliced
- ☐ 4.5 cup hendrick's gin
- ☐ 2 slice lime and/or cucumber
- ☐ 2.3 cup juice of lime fresh
- ☐ 1 cup mint leaves packed plus more for garnish
- ☐ 1 cup sugar
- ☐ 1 cup water

Equipment

Directions

- ☐ Steep 2 ½ cups cucumber slices in 4 ½ cups gin, covered and chilled for at least 8 hours and up to 4 days. Strain; store indefinitely in the refrigerator.
- ☐ Heat 1 cup sugar and 1 cup water over medium-high heat, stirring until dissolved.
- ☐ Add 1 cup mint leaves; remove from heat. Cover; steep 30 minutes to 1 hour. Strain; discard mint. Refrigerate up to 2 months. In a 2-quart pitcher, stir gin, simple syrup and lime juice. Refrigerate. To serve, pour individual servings into a cocktail shaker filled with ice, shake vigorously, and strain into an ice-filled double old-fashioned glass.
- ☐ Garnish with cucumber and/or lime slices and mint. Repeat for additional cocktails.

Nutrition Facts



Properties

Glycemic Index:13.21, Glycemic Load:14.07, Inflammation Score:-6, Nutrition Score:3.1882608610651%

Flavonoids

Eriodictyol: 2.58mg, Eriodictyol: 2.58mg, Eriodictyol: 2.58mg, Eriodictyol: 2.58mg Hesperetin: 5.94mg, Hesperetin: 5.94mg, Hesperetin: 5.94mg, Hesperetin: 5.94mg Naringenin: 0.25mg, Naringenin: 0.25mg, Naringenin: 0.25mg, Naringenin: 0.25mg Apigenin: 0.24mg, Apigenin: 0.24mg, Apigenin: 0.24mg, Apigenin: 0.24mg Luteolin: 0.57mg, Luteolin: 0.57mg, Luteolin: 0.57mg, Luteolin: 0.57mg Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg, Quercetin: 0.28mg

Nutrients (% of daily need)

Calories: 347.65kcal (17.38%), Fat: 0.2g (0.31%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 26.04g (8.68%), Net Carbohydrates: 25.19g (9.16%), Sugar: 21.36g (23.74%), Cholesterol: 0mg (0%), Sodium: 5.64mg (0.25%), Alcohol: 36.07g (100%), Alcohol %: 18.64% (100%), Protein: 0.6g (1.21%), Vitamin C: 19.24mg (23.32%), Manganese: 0.11mg (5.37%), Vitamin A: 243.02IU (4.86%), Copper: 0.08mg (4.09%), Potassium: 138.52mg (3.96%), Folate: 15.34µg (3.84%), Fiber: 0.85g (3.4%), Magnesium: 12.27mg (3.07%), Vitamin K: 2.73µg (2.6%), Calcium: 24.58mg (2.46%), Vitamin B1: 0.03mg (2.3%), Iron: 0.41mg (2.29%), Vitamin B6: 0.05mg (2.26%), Phosphorus: 22.46mg (2.25%), Vitamin B2: 0.04mg (2.17%), Vitamin B5: 0.17mg (1.65%), Zinc: 0.2mg (1.33%)