



Cuervo Perfect Margarita



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



1

CALORIES



144 kcal

BEVERAGE

DRINK

Ingredients



0.4 fl. oz. alcohol content



1 wedge limes



3 ounces jose cuervo lime margarita mix



1 teaspoon salt



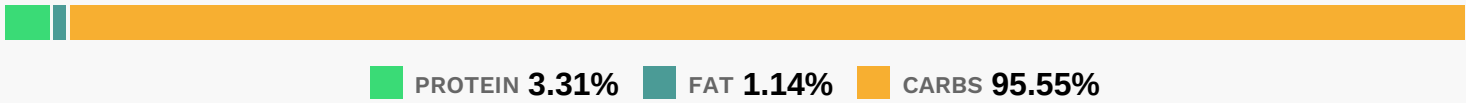
1 ounce cuervo especial gold

Equipment

Directions

- ☐ Rub rim of a chilled margarita glass with half a lime.Dip into salt to coat.In a shaker with ice, add Cuervo Especial Gold and Jose Cuervo Lime Margarita
- ☐ Mix.Shake vigorously.Strain into the margarita glass.
- ☐ Garnish with lime wedge. PLEASE DRINK RESPONSIBLY.JOSE CUERVO ESPECIAL Tequila. 40% Alc/Vol. 2009 Imported and bottled by Heublein, Norwalk, CT under license from the trademark owner.

Nutrition Facts



Properties

Glycemic Index:130.75, Glycemic Load:5.28, Inflammation Score:-3, Nutrition Score:3.7117391280506%

Flavonoids

Hesperetin: 28.81mg, Hesperetin: 28.81mg, Hesperetin: 28.81mg, Hesperetin: 28.81mg Naringenin: 2.28mg, Naringenin: 2.28mg, Naringenin: 2.28mg, Naringenin: 2.28mg Kaempferol: 0.23mg, Kaempferol: 0.23mg, Kaempferol: 0.23mg, Kaempferol: 0.23mg Quercetin: 0.47mg, Quercetin: 0.47mg, Quercetin: 0.47mg, Quercetin: 0.47mg

Nutrients (% of daily need)

Calories: 144.09kcal (7.2%), Fat: 0.16g (0.25%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 30.05g (10.02%), Net Carbohydrates: 27.55g (10.02%), Sugar: 19.42g (21.58%), Cholesterol: 0mg (0%), Sodium: 2389.02mg (103.87%), Alcohol: 3.95g (100%), Alcohol %: 2.53% (100%), Protein: 1.04g (2.08%), Vitamin C: 25.08mg (30.4%), Fiber: 2.5g (10%), Vitamin B6: 0.11mg (5.63%), Potassium: 188.41mg (5.38%), Copper: 0.08mg (3.92%), Iron: 0.65mg (3.6%), Vitamin B1: 0.04mg (2.9%), Phosphorus: 28.69mg (2.87%), Manganese: 0.06mg (2.84%), Calcium: 26.95mg (2.7%), Magnesium: 10.6mg (2.65%), Folate: 9.9µg (2.47%), Vitamin B5: 0.23mg (2.29%), Vitamin B3: 0.43mg (2.17%), Vitamin B2: 0.02mg (1.35%), Zinc: 0.17mg (1.11%)