



WHATSheATE



Cupcake Strawberries



Dairy Free

READY IN



95 min.

SERVINGS



24

CALORIES



175 kcal

DESSERT

Ingredients

- ☐ 1 box cake mix white
- ☐ 0.3 teaspoon purple gel food coloring red
- ☐ 16 oz fluffy frosting white
- ☐ 4.5 oz snack peppers green
- ☐ 0.3 cup semisweet chocolate chips miniature

Equipment

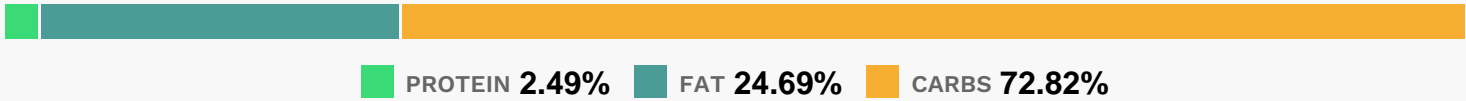
- ☐ oven
- ☐ aluminum foil

☐ muffin liners

Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans).
- ☐ Place paper baking cup in each of 24 regular-size muffin cups. To make strawberry-shaped cupcakes, pinch in one side of each paper baking cup. Insert 1/2-inch ball of foil between liner and muffin cup to hold in place. (See photo.)
- ☐ Make, bake and cool cake mix as directed on box for cupcakes.
- ☐ Stir food color into frosting until well blended. Frost cooled cupcakes with frosting to look like strawberries.
- ☐ Cut chewy fruit snack into leaf shapes; press into tops of cupcakes. Arrange chocolate chips on frosting to look like seeds. Store loosely covered.

Nutrition Facts



Properties

Glycemic Index:3.13, Glycemic Load:5.59, Inflammation Score:-2, Nutrition Score:3.1200000128668%

Flavonoids

Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg, Luteolin: 0.03mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 174.79kcal (8.74%), Fat: 4.82g (7.41%), Saturated Fat: 1.53g (9.55%), Carbohydrates: 31.97g (10.66%), Net Carbohydrates: 31.42g (11.43%), Sugar: 22.12g (24.58%), Cholesterol: 0.15mg (0.05%), Sodium: 184.52mg (8.02%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.09g (2.18%), Phosphorus: 83.79mg (8.38%), Vitamin C: 6.8mg (8.25%), Vitamin B2: 0.11mg (6.44%), Calcium: 49.64mg (4.96%), Folate: 19.04µg (4.76%), Manganese: 0.08mg (4.14%), Vitamin E: 0.58mg (3.83%), Vitamin B1: 0.05mg (3.49%), Iron: 0.63mg (3.49%), Vitamin A: 167.66IU (3.35%), Vitamin K: 3.48µg (3.31%), Vitamin B3: 0.63mg (3.14%), Selenium: 2.08µg (2.98%), Copper: 0.05mg (2.46%), Fiber: 0.55g (2.18%), Magnesium: 7.53mg (1.88%), Potassium: 44.97mg (1.28%), Zinc: 0.19mg (1.27%), Vitamin B6: 0.02mg (1.12%)