

# **Cyndee's Neiman Marcus Cake**

#### 🕭 Vegetarian



## Ingredients

0.8 teaspoon baking soda

#### 3 ounces butter

- 0.3 cup cornstarch
- 8 oz cream cheese softened
  - 2 eggs
- 2 cups flour sifted
- 0.8 teaspoon kosher salt
- 1 lemon zest

1 pt cream sour

3 tablespoons sugar

1 teaspoons vanilla extract pure

# Equipment

- bowl
  frying pan
  oven
  blender
  baking pan
- hand mixer

# Directions

- Preheat oven to 350 F. Grease a 9 by 13 inch baking pan.To make the cake layer from scratch, cream the butter and sugar on medium-high speed in the bowl of an electric mixer fitted with a paddle attachment until light and fluffy, about 5 minutes.On medium speed, add the eggs, 1 at a time, then the sour cream, vanilla, and lemon zest, scraping down the bowl as needed.
- Mix well.Sift together the flour, cornstarch, salt, and baking soda. With the mixer on low speed, slowly add the flour mixture to the butter mixture and stir just until smooth. Finish mixing by hand to be sure the batter is well mixed.
- Pour the batter evenly into the prepared baking pan.
  - Mix the ingredients for the topping and spread evenly on top of the batter.
  - Bake for about 30 -35 mins and let the cake cool before removing it from the pan.

## **Nutrition Facts**

PROTEIN 6.9% 📕 FAT 61.24% 📕 CARBS 31.86%

### **Properties**

Glycemic Index:18.51, Glycemic Load:13.88, Inflammation Score:-5, Nutrition Score:6.0317391304348%

### Taste

Sweetness: 34.17%, Saltiness: 42.94%, Sourness: 28.5%, Bitterness: 13.26%, Savoriness: 11.43%, Fattiness: 100%, Spiciness: 0%

#### Nutrients (% of daily need)

Calories: 304.26kcal (15.21%), Fat: 20.81g (32.02%), Saturated Fat: 11.71g (73.16%), Carbohydrates: 24.37g (8.12%), Net Carbohydrates: 23.73g (8.63%), Sugar: 5.2g (5.78%), Cholesterol: 84.87mg (28.29%), Sodium: 342.04mg (14.87%), Protein: 5.28g (10.55%), Selenium: 12.57µg (17.95%), Vitamin B2: 0.25mg (14.7%), Vitamin A: 716.44IU (14.33%), Vitamin B1: 0.18mg (11.96%), Folate: 45.92µg (11.48%), Phosphorus: 89.34mg (8.93%), Manganese: 0.15mg (7.66%), Calcium: 67.97mg (6.8%), Vitamin B3: 1.3mg (6.48%), Iron: 1.16mg (6.47%), Vitamin B5: 0.45mg (4.53%), Vitamin E: 0.57mg (3.78%), Vitamin B12: 0.2µg (3.36%), Zinc: 0.48mg (3.17%), Potassium: 109.81mg (3.14%), Magnesium: 11.45mg (2.86%), Fiber: 0.64g (2.56%), Vitamin B6: 0.05mg (2.48%), Copper: 0.05mg (2.41%), Vitamin K: 1.57µg (1.49%), Vitamin C: 1mg (1.21%)