



Danish Modern

 **Vegetarian**  **Dairy Free**



READY IN

ready

5 min.

SERVINGS

servings

1

CALORIES

calories

174 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

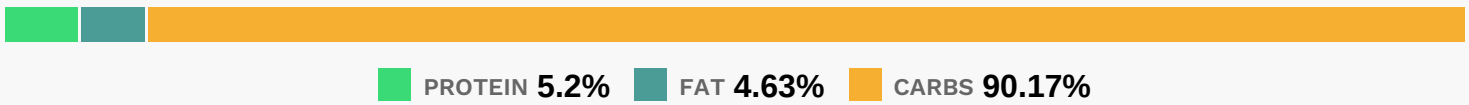
- ☐ 1 dashes angostura bitters
- ☐ 2 juice 1/2 grapefruit
- ☐ 2 juice of orange
- ☐ 0.3 a twist of each fresh
- ☐ 1 ounce lingonberry concentrate (recommended: Hafi)
- ☐ 1.5 ounces vanilla vodka

Equipment

Directions

- ☐ Special equipment: Cocktail glass
- ☐ Fill a cocktail shaker with ice.
- ☐ Add the vodka, lingonberry concentrate, and bitters. Cover and shake vigorously until thoroughly mixed and chilled, about 30 seconds. (In general, the drink is ready by the time the shaker mists up.) Strain into a chilled cocktail glass. Top with the orange and grapefruit juices.
- ☐ Garnish cocktail with citrus. Drink.

Nutrition Facts



Properties

Glycemic Index:115, Glycemic Load:6.47, Inflammation Score:-6, Nutrition Score:5.9530434012413%

Flavonoids

Eriodictyol: 0.2mg, Eriodictyol: 0.2mg, Eriodictyol: 0.2mg, Eriodictyol: 0.2mg Hesperetin: 14.34mg, Hesperetin: 14.34mg, Hesperetin: 14.34mg, Hesperetin: 14.34mg Naringenin: 2.57mg, Naringenin: 2.57mg, Naringenin: 2.57mg, Naringenin: 2.57mg Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg, Myricetin: 0.06mg Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg, Quercetin: 0.3mg

Nutrients (% of daily need)

Calories: 174.38kcal (8.72%), Fat: 0.38g (0.59%), Saturated Fat: 0.03g (0.18%), Carbohydrates: 16.83g (5.61%), Net Carbohydrates: 16.59g (6.03%), Sugar: 10.53g (11.7%), Cholesterol: 0mg (0%), Sodium: 1.79mg (0.08%), Alcohol: 14.65g (100%), Alcohol %: 9.57% (100%), Protein: 0.97g (1.94%), Vitamin C: 66.49mg (80.6%), Folate: 36.04µg (9.01%), Vitamin B1: 0.12mg (7.72%), Potassium: 243.67mg (6.96%), Vitamin A: 265.65IU (5.31%), Vitamin B2: 0.06mg (3.63%), Magnesium: 13.4mg (3.35%), Vitamin B3: 0.6mg (3%), Phosphorus: 28.7mg (2.87%), Copper: 0.06mg (2.85%), Vitamin B6: 0.05mg (2.4%), Vitamin B5: 0.23mg (2.3%), Calcium: 20.73mg (2.07%), Iron: 0.37mg (2.03%)