

Dark Chocolate Chunk Cookies



0.8 cup regular oats uncooked





DESSERT

Ingredients

12 oz bittersweet chocolate baking bars divided coarsely chopped
O.3 teaspoon double-acting baking powder
O.5 teaspoon baking soda
O.8 cup firmly brown sugar light packed
O.3 cup butter softened
2 large eggs
1.8 cups flour all-purpose
0.5 cup granulated sugar

	0.5 teaspoon salt
	1 teaspoon vanilla extract
Εc	uipment
	food processor
	bowl
	baking sheet
	baking paper
	oven
	wire rack
	blender
	stand mixer
Di	rections
	Preheat oven to 40
	Bake oats in a 9-inch pie plate 10 to 12 minutes or until toasted and fragrant, stirring halfway through. Cool completely on a wire rack (about 30 minutes). Process oats in a blender or food processor 1 minute or until finely ground.
	Beat butter and sugars at medium speed with a heavy-duty electric stand mixer until fluffy.
	Add eggs and vanilla, beating just until blended.
	Stir together flour, next 3 ingredients, and ground oats in a small bowl; gradually add to butte mixture, beating just until blended after each addition. Fold in 2 1/4 cups chopped chocolate (about 2 bars) just until combined. Cover dough, and chill 8 to 12 hours.
	Preheat oven to 35
	Drop dough by heaping tablespoonfuls onto parchment paper-lined baking sheets (about 6 per sheet).
	Bake at 350 for 10 to 12 minutes or until golden brown; press remaining chocolate into cookies.
	Remove from baking sheets to wire racks; cool completely (about 15 minutes).

Nutrition Facts

Properties

Glycemic Index:3.27, Glycemic Load:2.05, Inflammation Score:-1, Nutrition Score:1.0852173825969%

Nutrients (% of daily need)

Calories: 45.7kcal (2.29%), Fat: 1.92g (2.96%), Saturated Fat: 1.08g (6.77%), Carbohydrates: 6.49g (2.16%), Net Carbohydrates: 6.1g (2.22%), Sugar: 3.87g (4.3%), Cholesterol: 5.14mg (1.71%), Sodium: 24.12mg (1.05%), Alcohol: 0.01g (100%), Alcohol %: 0.17% (100%), Protein: 0.65g (1.29%), Manganese: 0.08mg (4.18%), Copper: 0.05mg (2.48%), Selenium: 1.54µg (2.2%), Iron: 0.37mg (2.07%), Magnesium: 7.6mg (1.9%), Phosphorus: 16.1mg (1.61%), Fiber: 0.39g (1.57%), Vitamin B1: 0.02mg (1.43%), Folate: 4.7µg (1.18%), Vitamin B2: 0.02mg (1.08%)