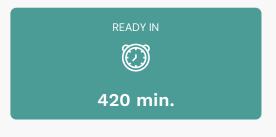
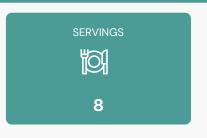


Dark Chocolate Stout Cream Pie







DESSERT

Ingredients

1.8 cups milk whole

1 box chocolate pudding instant (6-serving size) (not)
2 tablespoons powdered sugar
1 pie crust dough refrigerated softened
1.5 cups semi chocolate chips
0.5 cup porter
0.5 teaspoon vanilla
1.5 cups whipping cream

Equipment		
	bowl	
	sauce pan	
	oven	
	plastic wrap	
	hand mixer	
Directions		
	Heat oven to 450F. Make pie crust as directed on box for One-Crust	
	Baked Shell, using 9-inch glass pie plate. Cool completely, about 15 minutes.	
	Meanwhile, in 2-quart saucepan, cook milk, beer and pudding mix over medium heat 5 to 8 minutes or until mixture comes to a full boil, stirring constantly.	
	Remove from heat. Stir in chocolate chips until melted and smooth.	
	Pour into medium bowl; cover surface of pudding with plastic wrap. Refrigerate about 2 hours or until cold.	
	Spoon and spread pudding mixture evenly into crust. Refrigerate at least 4 hours until set.	
	Just before serving, in chilled medium bowl, beat topping ingredients with electric mixer on high speed until soft peaks form.	
	Spread over top of pie.	
	Garnish with chocolate shavings, if desired. Store covered in refrigerator.	
	Nutrition Facts	
	PROTEIN 5.03% FAT 61.48% CARBS 33.49%	

Properties

Glycemic Index:4.75, Glycemic Load:0.95, Inflammation Score:-6, Nutrition Score:10.59782611028%

Nutrients (% of daily need)

Calories: 535.2kcal (26.76%), Fat: 36.52g (56.18%), Saturated Fat: 20.52g (128.28%), Carbohydrates: 44.76g (14.92%), Net Carbohydrates: 41.1g (14.94%), Sugar: 26.39g (29.32%), Cholesterol: 58.86mg (19.62%), Sodium:

294.16mg (12.79%), Alcohol: 0.09g (100%), Alcohol %: 0.06% (100%), Caffeine: 29.86mg (9.95%), Protein: 6.72g (13.43%), Manganese: 0.59mg (29.42%), Copper: 0.49mg (24.27%), Magnesium: 77.55mg (19.39%), Phosphorus: 191.5mg (19.15%), Iron: 2.89mg (16.04%), Vitamin A: 759.54IU (15.19%), Fiber: 3.66g (14.65%), Vitamin B2: 0.22mg (12.79%), Calcium: 121.55mg (12.16%), Potassium: 363.16mg (10.38%), Selenium: 6.71μg (9.59%), Zinc: 1.39mg (9.27%), Vitamin D: 1.3μg (8.67%), Vitamin B1: 0.11mg (7.29%), Vitamin B12: 0.42μg (7.01%), Vitamin K: 5.75μg (5.48%), Vitamin B5: 0.5mg (5.03%), Vitamin E: 0.74mg (4.95%), Vitamin B3: 0.97mg (4.85%), Folate: 17.02μg (4.26%), Vitamin B6: 0.07mg (3.59%)