

Darkest Chocolate Cake with Red Wine Glaze

Popular







DESSERT

Ingredients

8 ounces bittersweet chocolate 70% finely chopped (at least cad	cao)
4 large eggs	
O.3 cup flour all-purpose plus more for pan	
0.5 teaspoon kosher salt	
0.5 cup powdered sugar	
O.5 cup red wine (such as Pinot Noir)	
1 cup sugar	

0.3 cup butter unsalted cut into small pieces ()

Ec	Equipment	
	bowl	
	frying pan	
	sauce pan	
	oven	
	whisk	
	wire rack	
	hand mixer	
	spatula	
	offset spatula	
Di	rections	
	Preheat oven to 325°F. Lightly butterand flour pan.	
	Heat chocolate, sugar, and1 cup butter in a heatproof bowl set over asaucepan of simmering water (bowl shouldnot touch water), stirring, until chocolate almost completely melted, about 3 minutes; remove from heat and continue tostir until chocolate is completely melted.	
	Letcool completely.	
	Using an electric mixer on medium speed,add eggs to chocolate mixture 1 at a time,beating to blend after each addition. Beatuntil mixture has a mousse-like consistency.Reduce speed to low and add salt and 1/3 cupflour; mix until smooth. Scrape batter intoprepared pan; smooth top.	
	Bake cake until top is firm and edgesare slightly darkened, 55–65 minutes (relyon visual cues; a tester inserted into cake'scenter will come out clean before cakeis truly done).	
	Transfer pan to a wire rackand let cake cool completely in pan beforeturning out.	
	Heat chocolate, butter, and salt in a heatproof bowl setover a saucepan of simmering water (bowlshould not touch water), stirring, untilchocolate and butter are melted, about 5 minutes.	
	Whisk in powdered sugar.	
	Meanwhile, bring wine just to a boil in asmall saucepan.	
	Remove chocolate mixture from heatand whisk in wine; let cool until slightlythickened and a rubber spatula leaves a trailin mixture when stirring, 8–10 minutes.	

	Set cake on a wire rack set over a rimmedbaking sheet.	
	Pour glaze over cake andspread it across the top and over the edgeswith an offset spatula.	
	Let cake standat room temperature until glaze is set,2–3 hours.	
	DO AHEAD: Cake can be made andglazed 2 days ahead. Chill. Bring to roomtemperature before serving.	
Nutrition Facts		
	PROTEIN 5.48% FAT 42.91% CARBS 51.61%	

Properties

Glycemic Index:16.01, Glycemic Load:16.3, Inflammation Score:-3, Nutrition Score:6.1056521146194%

Nutrients (% of daily need)

Calories: 325.79kcal (16.29%), Fat: 15.3g (23.54%), Saturated Fat: 8.54g (53.4%), Carbohydrates: 41.4g (13.8%), Net Carbohydrates: 39.47g (14.35%), Sugar: 34.24g (38.05%), Cholesterol: 87.96mg (29.32%), Sodium: 147.97mg (6.43%), Alcohol: 1.23g (100%), Alcohol %: 1.72% (100%), Caffeine: 19.5mg (6.5%), Protein: 4.39g (8.79%), Manganese: 0.34mg (16.8%), Copper: 0.31mg (15.31%), Selenium: 9.67µg (13.82%), Iron: 1.99mg (11.07%), Magnesium: 43.35mg (10.84%), Phosphorus: 104.43mg (10.44%), Fiber: 1.93g (7.71%), Vitamin B2: 0.13mg (7.65%), Zinc: 0.9mg (5.97%), Vitamin A: 261.16IU (5.22%), Potassium: 162.56mg (4.64%), Folate: 17.2µg (4.3%), Vitamin B5: 0.4mg (3.99%), Vitamin B12: 0.23µg (3.81%), Vitamin D: 0.49µg (3.23%), Vitamin B1: 0.05mg (3.22%), Vitamin E: 0.48mg (3.19%), Calcium: 27.58mg (2.76%), Vitamin B3: 0.45mg (2.27%), Vitamin B6: 0.04mg (2.19%), Vitamin K: 2.1µg (2%)