

Deep Dark Mocha Torte







DESSERT

Ingredients

6 tablespoons butter (do not use margarine)
16 oz cream cheese softened
1 box chocolate cake mix
O.3 cup granulated sugar
1.3 teaspoons espresso powder instant
2 teaspoons milk
1 cup powdered sugar
O.3 cup water

1.5 cups semi chocolate chips

	1 teaspoon vanilla	
	0.3 cup whipping cream	
Equipment		
	bowl	
	sauce pan	
	oven	
	knife	
	hand mixer	
	toothpicks	
Directions		
	Heat oven to 350F (325F for dark or nonstick pans). Grease and lightly flour two 8- or 9-inch round cake pans, or spray with baking spray with flour. Make and cool cakes as directed on box for 8- or 9-inch rounds. Refrigerate layers about 45 minutes for easier handling.	
	Meanwhile, in 1-quart saucepan, stir granulated sugar, rum and coffee granules until coffee is dissolved.	
	Heat to boiling, stirring occasionally; remove from heat. Cool completely.	
	In medium bowl, beat filling ingredients with electric mixer on low speed just until blended, adding enough milk for spreading consistency; set aside.	
	In 1-quart saucepan, heat ganache ingredients over low heat, stirring frequently, until chips are melted and mixture is smooth. Refrigerate about 30 minutes, stirring occasionally, until slightly thickened.	
	Cut each cake layer horizontally to make 2 layers. (To cut, mark side of cake with toothpicks and cut with long, thin knife.)	
	Brush about 1 tablespoon of the rum mixture over cut side of each layer; let stand 1 minute to soak into cake. Fill each layer with about 2/3 cup filling.	
	Spread ganache over side and top of torte. Store loosely covered in refrigerator.	

Nutrition Facts

Properties

Glycemic Index:11.26, Glycemic Load:4.46, Inflammation Score:-6, Nutrition Score:9.1460870170723%

Nutrients (% of daily need)

Calories: 551.58kcal (27.58%), Fat: 35.31g (54.32%), Saturated Fat: 16.47g (102.95%), Carbohydrates: 56.08g (18.69%), Net Carbohydrates: 53.42g (19.43%), Sugar: 39.07g (43.41%), Cholesterol: 47.1mg (15.7%), Sodium: 486.7mg (21.16%), Alcohol: 0.11g (100%), Alcohol %: 0.11% (100%), Caffeine: 26.58mg (8.86%), Protein: 6.12g (12.23%), Copper: 0.43mg (21.74%), Phosphorus: 202.77mg (20.28%), Manganese: 0.39mg (19.29%), Vitamin A: 868.9IU (17.38%), Iron: 3.1mg (17.24%), Magnesium: 61.14mg (15.29%), Selenium: 9.93µg (14.18%), Calcium: 112.64mg (11.26%), Fiber: 2.66g (10.66%), Vitamin B2: 0.18mg (10.3%), Potassium: 311.23mg (8.89%), Vitamin E: 1.14mg (7.57%), Zinc: 1.1mg (7.3%), Folate: 26.06µg (6.51%), Vitamin B1: 0.08mg (5.31%), Vitamin B3: 0.84mg (4.18%), Vitamin K: 4µg (3.81%), Vitamin B5: 0.36mg (3.58%), Vitamin B12: 0.15µg (2.43%), Vitamin B6: 0.05mg (2.32%)