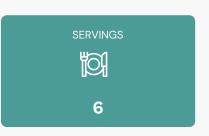


Delicious Triple Chocolate Bundt Cake

Popular

READY IN

55 min.





DESSERT

Ingredients

1 duncan hines devil's food cake
1 small chocolate pudding
1 cup milk chocolate chips

Equipment

1 cup cream sour

oven
wire rack
kugelhopf pan

Directions Preheat your oven to 350 degrees. Mix the cake as directed. Add the pudding and sour cream. Mix well. Stir in chocolate chips. Spray a bundt pan generously with non-stick spray and then coat with flour. Bake for 50 minutes. Cool for 5 minutes and dump onto the cooling rack. Optional: serve warm sliced with a drizzle of Dove milk chocolate ice cream topping and a scoop of vanilla ice cream. Nutrition Facts

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-4, Nutrition Score:8.0126086956522%

Taste

Sweetness: 100%, Saltiness: 1.32%, Sourness: 0%, Bitterness: 0%, Savoriness: 0%, Fattiness: 59.05%, Spiciness: 0%

PROTEIN 3.7% FAT 43.7% CARBS 52.6%

Nutrients (% of daily need)

Calories: 534.69kcal (26.73%), Fat: 27.24g (41.91%), Saturated Fat: 11.58g (72.38%), Carbohydrates: 73.77g (24.59%), Net Carbohydrates: 72.03g (26.19%), Sugar: 46.14g (51.26%), Cholesterol: 22.62mg (7.54%), Sodium: 608.27mg (26.45%), Caffeine: 7.93mg (2.64%), Protein: 5.19g (10.37%), Phosphorus: 223.65mg (22.37%), Iron: 3.27mg (18.16%), Calcium: 168.17mg (16.82%), Selenium: 10.35µg (14.79%), Copper: 0.3mg (14.77%), Folate: 46.95µg (11.74%), Potassium: 371.62mg (10.62%), Vitamin B2: 0.18mg (10.57%), Magnesium: 37.75mg (9.44%), Vitamin B1: 0.13mg (8.67%), Manganese: 0.17mg (8.27%), Fiber: 1.73g (6.94%), Vitamin E: 0.95mg (6.3%), Vitamin B3: 1.19mg (5.94%), Vitamin A: 240.98IU (4.82%), Zinc: 0.7mg (4.69%), Vitamin K: 3.31µg (3.16%), Vitamin B5: 0.23mg (2.27%), Vitamin B6: 0.04mg (2.19%), Vitamin B12: 0.08µg (1.34%)