



Deluxe Cocktail Sausages

READY IN



45 min.

SERVINGS



24

CALORIES



123 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 3 tablespoons brown sugar packed
- ☐ 0.5 cup butter
- ☐ 24 little wieners smoked
- ☐ 3 tablespoons honey
- ☐ 0.5 cup pecans chopped
- ☐ 8 oz regular crescent rolls refrigerated separated

Equipment

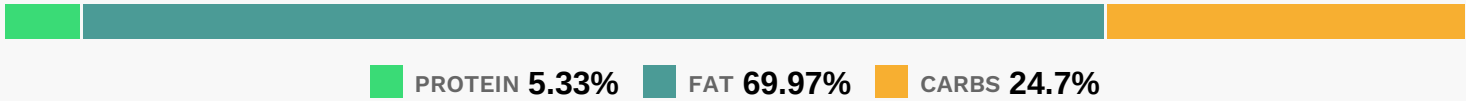
- ☐ frying pan

- ☐ oven
- ☐ glass baking pan

Directions

- ☐ Preheat oven to 400 degrees. As oven is warming, melt butter in oven in a 13"x9" glass baking pan. When butter is melted, add brown sugar, honey and pecans; stir to coat bottom of the pan. Slice each crescent roll triangle into thirds.
- ☐ Roll each smaller triangle around one sausage.
- ☐ Place on butter mixture, seam-side down.
- ☐ Bake, uncovered, at 400 degrees for 15 minutes, or until golden.

Nutrition Facts



Properties

Glycemic Index:4.68, Glycemic Load:1.14, Inflammation Score:-1, Nutrition Score:1.0321739278734%

Flavonoids

Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg, Cyanidin: 0.24mg Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg, Delphinidin: 0.17mg Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg, Catechin: 0.16mg Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg, Epigallocatechin: 0.13mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg, Epigallocatechin 3-gallate: 0.05mg

Nutrients (% of daily need)

Calories: 123.44kcal (6.17%), Fat: 9.94g (15.29%), Saturated Fat: 4.27g (26.7%), Carbohydrates: 7.89g (2.63%), Net Carbohydrates: 7.67g (2.79%), Sugar: 4.77g (5.3%), Cholesterol: 15.93mg (5.31%), Sodium: 197.09mg (8.57%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.7g (3.41%), Manganese: 0.11mg (5.26%), Phosphorus: 26.67mg (2.67%), Vitamin A: 119.45IU (2.39%), Copper: 0.05mg (2.35%), Zinc: 0.29mg (1.94%), Iron: 0.31mg (1.7%), Magnesium: 4.56mg (1.14%), Vitamin B1: 0.02mg (1.01%)