



Deluxe Holiday Fudge

 Gluten Free

READY IN



140 min.

SERVINGS



72

CALORIES



85 kcal

DESSERT

Ingredients

- ☐ 3 cups semi chocolate chips (12-ounce size each)
- ☐ 2 cups marshmallows miniature cut in half
- ☐ 14 ounces condensed milk sweetened canned
- ☐ 1 teaspoon vanilla
- ☐ 1 cup nuts chopped
- ☐ 0.5 cup cherries dried chopped
- ☐ 0.3 cup peppermint candies white melted

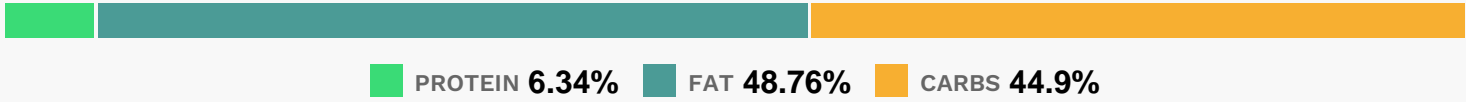
Equipment

- ☐ frying pan
- ☐ sauce pan
- ☐ aluminum foil
- ☐ microwave

Directions

- ☐ Grease bottom and sides of square pan, 9x9x2 inches, with butter, or line with aluminum foil.
- ☐ Heat chocolate chips, marshmallows and milk in 2-quart saucepan over medium heat, stirring constantly, until chips and marshmallows are melted and mixture is smooth.
- ☐ Stir in vanilla, nuts and cherries. Immediately pour into pan.
- ☐ Drizzle with melted white baking chips. Cover and refrigerate about 2 hours or until firm.
- ☐ Cut into 1-inch squares.
- ☐ Place chocolate chips, marshmallows and milk in 8-cup microwavable measure. Microwave uncovered on High 3 to 5 minutes, stirring every minute, until chips and marshmallows are melted and mixture can be stirred smooth. Continue as directed in step 3.

Nutrition Facts



Properties

Glycemic Index:2.1, Glycemic Load:2.61, Inflammation Score:-1, Nutrition Score:1.976956523307%

Nutrients (% of daily need)

Calories: 84.71kcal (4.24%), Fat: 4.67g (7.18%), Saturated Fat: 2.34g (14.61%), Carbohydrates: 9.67g (3.22%), Net Carbohydrates: 8.81g (3.2%), Sugar: 7.46g (8.29%), Cholesterol: 2.32mg (0.77%), Sodium: 9.75mg (0.42%), Alcohol: 0.02g (100%), Alcohol %: 0.13% (100%), Caffeine: 6.45mg (2.15%), Protein: 1.37g (2.73%), Manganese: 0.14mg (6.93%), Copper: 0.12mg (6.07%), Magnesium: 19.17mg (4.79%), Phosphorus: 42.26mg (4.23%), Fiber: 0.86g (3.44%), Iron: 0.58mg (3.2%), Calcium: 23.74mg (2.37%), Zinc: 0.33mg (2.18%), Potassium: 75.07mg (2.14%), Selenium: 1.47µg (2.1%), Vitamin B2: 0.03mg (1.8%)