



## Deviled Green Goblin Eggs

 Vegetarian  Gluten Free

READY IN



45 min.

SERVINGS



12

CALORIES



170 kcal

SIDE DISH

### Ingredients

- 2 tablespoons cider vinegar
- 0.3 ounce liquid food coloring blue
- 0.3 ounce liquid food coloring green
- 0.3 ounce liquid food coloring yellow
- 0.3 cup chives fresh minced
- 12 large hard-cooked eggs with shells cracked unpeeled
- 0.5 cup mayonnaise
- 0.5 teaspoon seasoned pepper

- 0.5 cup potato flakes instant
- 0.5 teaspoon salt
- 0.5 cup cup heavy whipping cream sour
- 6 cups water hot

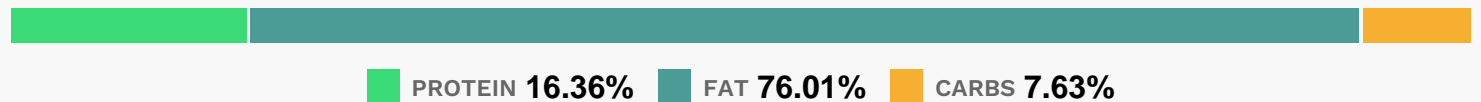
## Equipment

- bowl
- paper towels

## Directions

- Stir together first 5 ingredients in a large bowl; add eggs, and let stand 1 hour.
- Remove and drain on paper towels. Peel eggs to reveal pattern on whites.
- Cut eggs in half lengthwise; carefully remove yolks. Mash yolks; stir in potato flakes and next 5 ingredients until blended.
- Spoon the yolk mixture evenly into egg white halves. Attach 2 halves, gently pressing together stuffed sides.

## Nutrition Facts



## Properties

Glycemic Index:13.92, Glycemic Load:0.05, Inflammation Score:-2, Nutrition Score:6.3269565442334%

## Flavonoids

Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg, Isorhamnetin: 0.06mg Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg, Quercetin: 0.04mg

## Nutrients (% of daily need)

Calories: 169.78kcal (8.49%), Fat: 14.16g (21.79%), Saturated Fat: 3.7g (23.13%), Carbohydrates: 3.2g (1.07%), Net Carbohydrates: 2.99g (1.09%), Sugar: 1.05g (1.17%), Cholesterol: 196.07mg (65.36%), Sodium: 229.81mg (9.99%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 6.86g (13.72%), Selenium: 16.32µg (23.31%), Vitamin K: 17.64µg (16.8%), Vitamin B2: 0.28mg (16.37%), Phosphorus: 99.96mg (10%), Vitamin B12: 0.59µg (9.77%), Vitamin B5: 0.8mg (8.03%), Vitamin D: 1.12µg (7.46%), Vitamin A: 362.78IU (7.26%), Folate: 25.08µg (6.27%), Vitamin E: 0.86mg

(5.74%), Vitamin B6: 0.09mg (4.26%), Calcium: 41.02mg (4.1%), Vitamin B1: 0.06mg (4.09%), Zinc: 0.61mg (4.05%), Iron: 0.68mg (3.77%), Vitamin C: 2.6mg (3.15%), Potassium: 109.71mg (3.13%), Magnesium: 9.5mg (2.38%), Manganese: 0.04mg (1.95%), Copper: 0.04mg (1.78%), Vitamin B3: 0.2mg (1.02%)