



Devil's Food Cake

READY IN



45 min.

SERVINGS



10

CALORIES



319 kcal

DESSERT

Ingredients

- 0.5 teaspoon baking soda
- 0.5 cup butter softened
- 0.5 cup cocoa
- 2 eggs
- 2 cups flour all-purpose
- 0.5 cup milk
- 0.5 teaspoon salt
- 1.5 cups sugar
- 1 teaspoon vanilla

0.5 cup water hot

Equipment

oven

mixing bowl

Directions

Cream butter in a large mixing bowl; add sugar, beating well.

Add eggs, one at a time, beating well after each addition.

Add water; beat well.

Combine flour, cocoa, soda, and salt; add to creamed mixture alternately with milk, beginning and ending with flour mixture.

Mix well after each addition. Stir in vanilla.

Pour batter into 2 greased and floured 9-inch round cake pans.

Bake at 350 for 25 minutes or until a wooden pick inserted in center comes out clean. Cool in pans 10 minutes; remove layers from pans, and let cool completely.

Nutrition Facts



PROTEIN 6.09% **FAT 30.74%** **CARBS 63.17%**

Properties

Glycemic Index:18.31, Glycemic Load:34.96, Inflammation Score:-5, Nutrition Score:7.039130491326%

Flavonoids

Catechin: 2.79mg, Catechin: 2.79mg, Catechin: 2.79mg, Catechin: 2.79mg Epicatechin: 8.45mg, Epicatechin: 8.45mg, Epicatechin: 8.45mg, Epicatechin: 8.45mg Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg, Quercetin: 0.43mg

Nutrients (% of daily need)

Calories: 318.97kcal (15.95%), Fat: 11.29g (17.38%), Saturated Fat: 2.78g (17.4%), Carbohydrates: 52.23g (17.41%), Net Carbohydrates: 49.97g (18.17%), Sugar: 30.75g (34.17%), Cholesterol: 34.2mg (11.4%), Sodium: 297.49mg (12.93%), Alcohol: 0.14g (100%), Alcohol %: 0.17% (100%), Caffeine: 9.89mg (3.3%), Protein: 5.04g (10.07%), Selenium: 12.2µg (17.43%), Manganese: 0.34mg (17.04%), Vitamin B1: 0.21mg (14.08%), Folate: 51.38µg (12.84%), Vitamin B2: 0.2mg (11.83%), Iron: 1.93mg (10.71%), Copper: 0.21mg (10.49%), Vitamin A: 473.27IU (9.47%), Phosphorus: 90.94mg

(9.09%), Fiber: 2.27g (9.06%), Vitamin B3: 1.59mg (7.97%), Magnesium: 29.99mg (7.5%), Zinc: 0.64mg (4.24%), Potassium: 128.54mg (3.67%), Calcium: 33.36mg (3.34%), Vitamin E: 0.47mg (3.13%), Vitamin B5: 0.31mg (3.11%), Vitamin B12: 0.16µg (2.59%), Vitamin D: 0.31µg (2.07%), Vitamin B6: 0.04mg (1.98%)