

Dill Wrapped Cream Cheese

READY IN

ready

20 min.

SERVINGS

servings

6

CALORIES

calories

265 kcal

SIDE DISH

Ingredients

- ☐ 8 ounce cream cheese
- ☐ 8 ounce crescent roll dough refrigerated canned
- ☐ 1 teaspoon dill weed dried

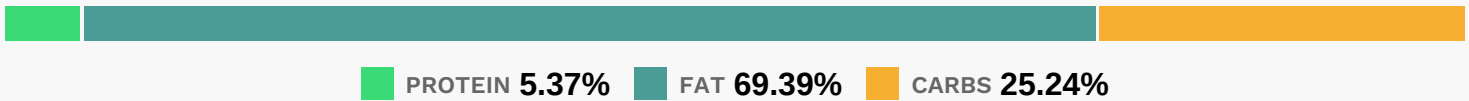
Equipment

- ☐ baking sheet
- ☐ oven

Directions

- ☐ Preheat oven to 350 degrees F (175 degrees C). Lightly grease a cookie sheet.
- ☐ Unroll dough on lightly floured surface and press seams together.
- ☐ Sprinkle one side of block of cream cheese with enough dill to cover.
- ☐ Place cream cheese, dill side down, in center of dough.
- ☐ Sprinkle with more dill to cover. Bring sides of dough up around cheese block and seal to completely enclose.
- ☐ Bake at 350 degrees F (175 degrees C) for approximately 15 minutes.
- ☐ Serve warm.

Nutrition Facts



Properties

Glycemic Index:4.5, Glycemic Load:0.56, Inflammation Score:-3, Nutrition Score:1.997391310399%

Nutrients (% of daily need)

Calories: 265.02kcal (13.25%), Fat: 21.14g (32.52%), Saturated Fat: 11.04g (68.99%), Carbohydrates: 17.3g (5.77%), Net Carbohydrates: 17.28g (6.28%), Sugar: 5.2g (5.78%), Cholesterol: 38.18mg (12.73%), Sodium: 415.76mg (18.08%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.68g (7.36%), Vitamin A: 517.4IU (10.35%), Vitamin B2: 0.09mg (5.14%), Selenium: 3.25µg (4.64%), Phosphorus: 41.35mg (4.14%), Calcium: 39.64mg (3.96%), Iron: 0.6mg (3.33%), Vitamin E: 0.33mg (2.17%), Vitamin B5: 0.22mg (2.15%), Potassium: 55.41mg (1.58%), Vitamin B12: 0.08µg (1.39%), Zinc: 0.19mg (1.3%), Vitamin B6: 0.02mg (1.2%), Magnesium: 4.15mg (1.04%)