



Dirty Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



377 kcal

BEVERAGE

DRINK

Ingredients



1 serving ice cubes crushed



1 serving pimiento-stuffed olive spanish



3 tablespoons olive brine spanish



3 tablespoons vermouth



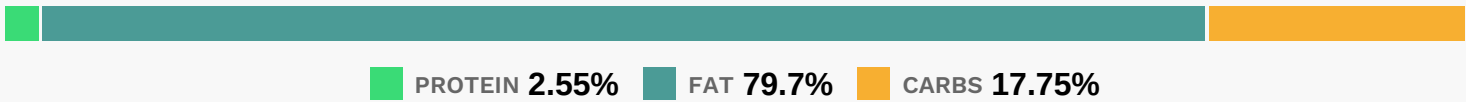
0.5 cup vodka

Equipment

Directions

- ☐ Fill a cocktail shaker with crushed ice.
- ☐ Add vermouth; cover with lid, and shake until thoroughly chilled. Discard vermouth, reserving ice in shaker.
- ☐ Add vodka and Spanish olive brine to ice in shaker; cover with lid, and shake until thoroughly chilled (about 30 seconds).
- ☐ Pour into a chilled martini glass.
- ☐ Serve immediately with a large pimiento-stuffed Spanish olive.

Nutrition Facts



Properties

Glycemic Index:15, Glycemic Load:0, Inflammation Score:-5, Nutrition Score:1.4960869654365%

Flavonoids

Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg, Luteolin: 0.25mg

Nutrients (% of daily need)

Calories: 377kcal (18.85%), Fat: 6.73g (10.36%), Saturated Fat: 0.89g (5.58%), Carbohydrates: 3.37g (1.12%), Net Carbohydrates: 1.92g (0.7%), Sugar: 0.24g (0.26%), Cholesterol: 0mg (0%), Sodium: 687.65mg (29.9%), Alcohol: 44.35g (100%), Alcohol %: 26.77% (100%), Protein: 0.48g (0.97%), Vitamin E: 1.68mg (11.18%), Fiber: 1.45g (5.81%), Vitamin A: 172.92IU (3.46%), Copper: 0.06mg (3.25%), Calcium: 22.91mg (2.29%), Iron: 0.23mg (1.26%), Magnesium: 4.85mg (1.21%), Vitamin B1: 0.02mg (1.02%)