



Divinity Candy



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



60

CALORIES



68 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.3 cup plus light
- ☐ 7.2 ounce fluffy frosting mix white home-style
- ☐ 1 halves pecan toasted
- ☐ 1.5 cups pecans toasted chopped
- ☐ 16 ounce powdered sugar
- ☐ 2 teaspoons vanilla extract
- ☐ 0.5 cup water boiling

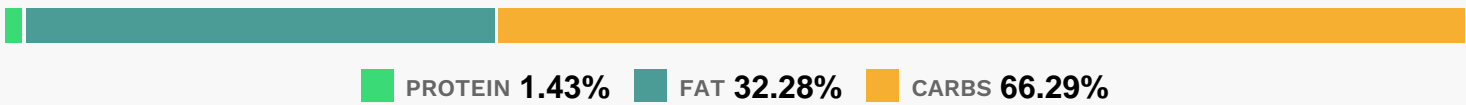
Equipment

- ☐ mixing bowl
- ☐ hand mixer
- ☐ wooden spoon
- ☐ wax paper

Directions

- ☐ Place first 4 ingredients in a 4-quart mixing bowl. Beat at low speed with a heavy-duty electric mixer 1 minute or until mixture is blended. Beat mixture at high speed 3 to 5 minutes or until stiff peaks form. Gradually add powdered sugar, beating at low speed until blended. Stir in chopped nuts.
- ☐ Drop mixture by rounded tablespoonfuls onto wax paper.
- ☐ Garnish with toasted pecan halves.
- ☐ Let stand 8 hours; remove to wire racks, and let stand 8 more hours or until bottom of candy is firm. Store in airtight containers.
- ☐ Divinity Candy With Sugared Maraschino Cherries: Substitute Sugared Maraschino Cherries for toasted pecan halves. Drop mixture by rounded tablespoonfuls onto wax paper. Press tip of a lightly greased wooden spoon handle into center of each piece of candy, making an indentation.
- ☐ Let stand as directed.
- ☐ Place 1 Sugared Maraschino Cherry in each indentation just before serving.

Nutrition Facts



Properties

Glycemic Index:1.37, Glycemic Load:1.28, Inflammation Score:-1, Nutrition Score:0.74826087081886%

Flavonoids

Cyanidin: 0.3mg, Cyanidin: 0.3mg, Cyanidin: 0.3mg, Cyanidin: 0.3mg Delphinidin: 0.2mg, Delphinidin: 0.2mg, Delphinidin: 0.2mg, Delphinidin: 0.2mg Catechin: 0.2mg, Catechin: 0.2mg, Catechin: 0.2mg, Catechin: 0.2mg Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg, Epigallocatechin: 0.15mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate: 0.06mg, Epigallocatechin 3-gallate:

0.06mg

Nutrients (% of daily need)

Calories: 68.36kcal (3.42%), Fat: 2.53g (3.9%), Saturated Fat: 0.27g (1.69%), Carbohydrates: 11.71g (3.9%), Net Carbohydrates: 11.44g (4.16%), Sugar: 11.12g (12.36%), Cholesterol: 0mg (0%), Sodium: 7.7mg (0.33%), Alcohol: 0.05g (100%), Alcohol %: 0.33% (100%), Protein: 0.25g (0.5%), Manganese: 0.12mg (6.21%), Copper: 0.03mg (1.7%), Vitamin B1: 0.02mg (1.31%), Fiber: 0.26g (1.06%)